33RD ANNUAL



JULY 23-28, 2006 NORTHERN KENTUCKY UNIVERSITY HIGHLAND HEIGHTS, KENTUCKY

Travel Directions NKU Highland Heights Campus

When traveling north or south on Interstate 75 or when traveling from the Northern Kentucky/Greater Cincinnati International Airport to NKU, take Interstate 275 East, and exit at EXIT 76 (eastbound traffic only) Labeled "Three Mile Road, Northern Kentucky University". Turn right onto Three Mile Road. You will pass Campbell Drive (first road on your right) then Kenton Drive (second road on your right). Go straight through traffic light (University Drive).

For westbound traffic off Interstate 275 take EXIT 74A labeled "Alexandria" Exit, leading to I-471 South. Proceed to the traffic light at the intersection of I-471 and U.S. Highway 27. Continue straight and turn right at the next traffic light onto Nunn Drive.

When traveling south in Interstate 71 or when traveling from downtown Cincinnati, proceed on U.S. Highway 50 east (Columbia Parkway) and exit at EXIT 1J, labeled "I-471 South, Newport, Kentucky". Cross the Ohio River via the Daniel Beard Bridge. Proceed on I-471 South to the traffic light at the intersection of I-471 and U.S. Highway 27. Continue straight and turn right at the next traffic light onto Nunn Drive.

2006 Kentucky School of Alcohol and Other Drug Studies

Conference Coordinator

Justina Keathley

Training Administrator for The Division of Mental Health and Substance Abuse

Sponsored by

Cabinet for Health and Family Services

Department for Mental Health & Mental Retardation Services

Division of Mental Health & Substance Abuse

Office of Drug Control Policy

Prevention Research Institute

Central East Addiction Technology Transfer Center

Host

Northern Kentucky University

Associate Sponsors

Transitions, Inc.
Kentucky Certification Board for Prevention Professionals (KCBPP)
Rivendell Behavioral Health Services
Buckhorn Children & Family Services, Inc.
Pennyroyal Center
Kentucky Association of Addiction Professionals (KAAP)

Co-Sponsor

Ridge Behavioral Health Lincoln Trail Behavioral Health System Baptist Hospital East

Agency Contributors

Kentucky Coalition for Women's Substance Abuse Services
The SIGNALS Program of The Kentucky United Methodist Homes for Children & Youth
Health Care Connection of Tampa
Kentucky Council on Problem Gambling (KYCPG)
Kids Helping Kids, A Pathway Family Center
Our Lady of Peace
People Advocating Recovery
Recovery Resource Center, Inc.

The Cabinet for Health & Family Services, Department for Mental Health & Mental Retardation Services does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities an equal opportunity to participate in all programs and activities.

2006 KSAODS General Information

ATTENDANCE - In order to facilitate the registration process and to insure admittance, preregistration is recommended due to early closure and to ensure the workshop(s) of your choice. Applications will be accepted by mail only. Participants are assigned to workshops on a first come, first serve basis. Conference confirmation will be sent upon receipt of application.

REGISTRATION - Begins on Sunday, July 23, 3:00 - 6:30 p.m., University Center Building. All participants, including those preregistered, will need to check in at the registration desk (University Center Building) for name badge, lodging and conference materials. Daily registration will be 8:00 - 9:30 a.m. Monday through Thursday, University Center.

REGISTRATION FEES - \$375.00 All Week (\$400.00 after July 7th); \$75.00 Daily (\$90.00 after July 7th); \$15.00 Tuesday Night Banquet - July 25; Credit cards are not accepted.

<u>CANCELLATION POLICY</u> - No refunds will be made. Substitution of participant is recommended in lieu of cancellation.

WORKSHOP DESCRIPTIONS - pages 17-46

CERTIFICATE REQUIREMENTS - Participants will receive various credit/certification hours based upon attendance at plenary sessions (1 hour credit), workshop(s) (5 hours credit for Monday through Thursday and 3 hours credit for Friday) or evening sessions (1-2 hour(s) credit). Credit/certification will be awarded based upon completion of entire session(s)/workshop(s). No partial credit/certification will be given. An attendance system will be implemented to record the number of qualified educational hours for each participant. Participants may earn anywhere from 5-32 hours. Certificates of Attendance will be mailed after the school for certification or recertifications. NOTE: ALL KSAODS FEES MUST BE PAID IN FULL BEFORE CERTIFICATES WILL BE MAILED.

<u>COPIES OF CERTIFICATES</u> - a \$5.00 fee will be assessed to all participants requesting duplicate certificates. Please mail your checks payable to EKU.

<u>CREDIT</u> - Applications have been made for various certification, continuing education, nursing contact hours and other professional credit hours to the following organizations: Kentucky, Ohio, Substance Abuse and

Professional Counselor Certification; Ohio Counselor & Social Worker Board; Kentucky Board of Psychology; Kentucky Board of Nursing, etc.

HOUSING -Please check local hotels/motels for lodging accommodations. For those interested you can contact the Hilton Cincinnati Airport and get the conference rate. You must ask for **The Kentucky School Rate**. Call 1-800-774-1500 or 1-859-371-4400 or you may visit the website at www.hilton.com.

SCHOLARSHIPS - Limited scholarships are available for Kentucky residents only. Applications are due June 13, 2006. Scholarship covers registration fee only. Registration/Scholarship Form pages 54-57.

ROBERT STRAUS AWARD NOMINEE FORM page 50-51.

PARKING - No parking is allowed in reserved, handicapped, or faculty lots. Participants will be responsible for any tickets received. The parking garage is available for \$5.00 (each time you enter).

MEALS - University Center Cafeteria will be open from 7:30 a.m. - 2:00 p.m. Monday through Thursday.

SMOKING POLICY - The Environmental Protection Agency has classified passive tobacco smoke as a Class A carcinogen. This identifies secondhand smoke as a cancer-causing agent. **Smoking is not permitted in the University Center or in any of the classroom buildings**.

<u>CLOTHING & RECREATION ACTIVITIES</u> - Bring cool, casual clothing and comfortable shoes. You may wish to bring a sweater/jacket as classrooms are air conditioned. The Wellness Center is available for use at \$3.00 per day.

FOR FURTHER INFORMATION PLEASE CONTACT:

Avonell Hamblin Cassie Green

Division of Mental Health & Substance Abuse Eastern Kentucky University

> (859) 622-4968 Avonell.Hamblin@eku.edu

Meetings/Activities of Note for 2006

2nd Annual Michael E. Townsend Leadership Academy

Please see pages 13-15 for more information

PAR Meeting

Monday July 24, 2006 - 6:00 p.m.
Cold Spring Roadhouse
4210 Alexandria Pike
Cold Spring, KY

Awards Banquet

Tuesday July 25, 2006 - 6:30 p.m. Hilton Hotel Ballroom

2nd Annual Wednesday Night Barbecue Wednesday 5:00 p.m.

University Center Cafeteria

Come and join us for a complementary barbecue meal and then sit back and enjoy the talent show.

2nd Annual Talent Show Wednesday 6:00 p.m.

UC Theater

Wanted: talented counselors, administrators, nurses, clergy, law enforcement, educators, psychologist, etc. to perform at the 33rd annual Kentucky School.



See Page 6 for more details.

All Talent is Welcome!!!!.

Meetings this Week

CADC Board to Host Luncheon at 2006 KSAODS

Wednesday, July 26 12:15 p.m. NKU University Center Ballroom

All CADC's and any other interested individuals are invited to attend the annual recognition meeting of the Kentucky CADC Board to be held during the 2006 Kentucky School. A buffet luncheon is scheduled to begin at 12:15 p.m. with a special guest speaker. There will be a question/answer and discussion period following the meal.

Tickets will be \$13.00 per person and will be available at the KSAODS information booth in the NKU University Center or you may reserve a seat now by calling Board Administrator Judy Jennings at (502) 564-3296, ext. 226.

Kentucky Association of Addiction Professionals Annual Meeting

(KAAP-State Affiliate of NAADAC)
Thursday, July 27th, 2006
12:15 p.m.
UC Ballroom - University Center 2nd Floor

Kentucky Adolescent Substance Abuse Consortium Annual Meeting

Thursday, July 27th 2006 6:00 - 8:00 p.m. NKU University Center Ballroom presents

Robert Schwebel, Ph.D.

"Some New Ideas for Working with Teens with Drug Problems"

Increasingly professionals have recognized that adult models are simply not appropriate for working with teens with drug problems. This presentation will focus on letting go of some the old fashioned ideas of working with youth and bringing in the new. Developmental issues and stage of change issues will be addressed. Special attention will be paid to the dilemma: Youth are almost always in the early stages of change with regard to drug use when they come to treatment. Telling teens what to do and trying to control their behavior generally backfires. Yet, many of them are required to not use as a condition of probation, or for participation in a drug court. Many are hurting themselves and other with their drug abuse. How can we bridge the gap?

WANTED



Talent Show an absolute blast!!!

to perform at the

2ND ANNUAL KENTUCKY SCHOOL TALENT SHOW

Wednesday 6:00 p.m. **UC Theater**

The KY School is pleased to announce that the world famous



BELINDA SISTERS



have agreed to make a return visit. For those who missed the show last year you are in for a real treat.

Please join us for a night of fun and entertainment.

Performances should not exceed 5 minutes Please contact: Justina.Keathley@eku.edu

with your entry for the talent show, and start practicing.

All Talent is Welcome!!!!.

Time	July 23 Sunday	July 24 Monday	July 25 Tuesday	July 26 Wednesday	July 27 Thursday	July 28 Friday
7:00 a.m.			P MEETINGS WILI UNIVERSITY CE			.M. AND 9:00 P.M. I JRT AREA
		Plenary	Plenary	Plenary	Plenary	Breakfast
8:45 a.m. to 10:00 a.m.		"The Lighter Side of Recovery" Sandy Queen	"National Strategies for Substance Abuse Reduction" Scott Burns	"Addiction and Change" Carlo C. DiClemente, Ph.D., ABPP	"Adolescent Drug Treatment: Politics, Pressure, Policy and Clinical Practice" Robert Schwebel	7:30 - 9:00 a.m. "Compassion Fatigue David Powell
		10:00 - 10:30 AM BREAK UNIVERSITY CENTER CAFETERIA				
		10:30 - 12:15 WORKSHOPS	10:30 - 12:15 WORKSHOPS	10:30 - 12:15 WORKSHOPS	10:30 - 12:15 WORKSHOPS	9:15 a.m 12:15 p.i WORKSHOPS
			12:15 PM - 1:30 P	M LUNCH BREA	K	
1:30 p.m. to 5:00 p.m.		1:30-5:00 p.m. WORKSHOPS	1:30-5:00 p.m. WORKSHOPS	1:30-5:00 p.m. WORKSHOPS	1:30-5:00 p.m. WORKSHOPS	
	3:00 p.m. Registration UC Lobby	Conco	3:15 - 3:30 ourse Area In Eac		uilding	
			5:0	0 p.m. COURSE	S END	
	7:00 p.m. OPENING SESSION "Not Now, Not Ever!" Dealing with the Challenge of Change Jan Arnow		6:30 p.m. KY School Awards Banquet "Hey! Have They Been Calling You Names?" Bill Hale	5:00 p.m. Barbecue University Center Cafeteria 6:00 p.m. Talent Show UC Theater 7:30-8:30 p.m. NA-Speaker UC Banquet 8:30 p.m. Reception Cafeteria	6:00-8:00 p.m. KY Adolescent Substance Abuse Consortium "Some New Ideas for working with Teens with Drug Problems" Robert Schwebel UC Ballroom 7:30-8:30 p.m. AA-Alanon Speaker UC Theater 8:30 p.m. Reception Cafeteria	
9:00 p.m.				ETINGS UNI	VERSITY CEN	TER



Charting a course....lighting the way

Participants may earn up to 7 additional hours toward certification/recertification. An attendance system has been designed to award 1 hour of credit for each session attended by participants.

Sunday 7:00 p.m. - Opening Session

(1 Hour Credit)

"Not Now, Not Ever!" Dealing with the Challenge of Change

Jan Arnow

It's been said that the only constant in our world today is change. No matter how safe, secure, predictable and stable our lives are, we still have to cope with change at points along the way. But if change is such a normal and essential part of life, why does it feel anything but normal when we're in the middle of it? If it's an inevitable reality of life, why aren't we better prepared to respond to the challenges of change when the unexpected comes knocking on our door? This entertaining and interactive presentation will address how we as individuals and agencies can survive and thrive amid change and transition.



Monday 8:45 a.m. - Keynote

(1 Hour Credit)

" The Lighter Side of Recovery"

Sandy Queen

The recovery process does not have to be a totally somber process. To truly heal, we need to be able to get a different perspective on our lives and be able to laugh at the absurdities of life. Join us for a lighter trip through the recovery process as we explore the humanness that is part and parcel of all of us!



Participants may earn up to 7 additional hours toward certification/recertification. An attendance system has been designed to award 1 hour of credit for each session attended by participants.

Tuesday 8:45 a.m. - Keynote

(1 Hour Credit)

"National Strategies for Substance Abuse Reduction"

Scott Burns



Scott Burns will talk about National Drug Control Strategy and Office of National Drug Control Policy priorities; highlight the contributions made by law enforcement in curbing the surge of illegal drugs in the United States and if availabel, show some PSAs. The principal purpose of White House Office of National Drug Control Policy is to establish policies, priorities, and objectives for the Nation's drug control program. The goals of the program are to reduce illicit drug use, manufacturing, and trafficking, drug-related crime and violence, and drug-related health consequences. In his role as Deputy Director of the ONDCP, Mr. Burns is responsible for oversight of the \$226 million High Intensity Drug Trafficking Area (HIDTA) program. Soon after his appointment, Mr. Burns reorganized the Office of State and Local Affairs, and assumed new leadership responsibilities for administration initiatives such as reducing prescription drug abuse, enhancing drug courts, tackling marijuana and methamphetamine production on public lands, and crafting other national strategies to disrupt the market for drugs such as methamphetamine, marijuana, cocaine and heroin. Most recently, Mr. Burns was appointed by the White House to serve as the United States' representative to the World Anti-Doping Agency (WADA), an international organization charged with eliminating doping and drug use in sport. Mr. Burns represents the 40-nation Americas region on WADA's governing Foundation Board, and also chairs WADA's Ethics and Education Committee, which aims to educate young athletes worldwide on the health and ethical dangers of drug use.

Tuesday - Awards Banquet 6:30 p.m. - Keynote

(1 Hour Credit)

"Hey! Have They Been Calling You Names?"

Bill Hale



The presentation is designed to help us better understand the human dynamic involved in the words we use to classify people in life and in the workplace. Do you think vertically or horrizontally? Bill Hale is owner and senior consultant for Prism Associates, a consulting and training group based in Athens, GA. He is recognized nationally as an outstanding speaker and seminar leader, and has participated as a speaker and workshop leader in Europe as well as the United States. He has devoted his professional life to human resource development activities, adding significantly to his long and illustrious career in public speaking and seminar leadership.

Participants may earn up to 7 additional hours toward certification/recertification. An attendance system has been designed to award 1 hour of credit for each session attended by participants.



Wednesday - 8:45 a.m. - Keynote

(1 Hour Credit)

"Addiction and Change"

Carlo C. DiClemente, Ph.D., ABPP

Becoming addicted and recovering from an addiction involves a complex and dynamic process of human behavior change. This presentation will explain and explore the process of human intentional behavior change including the Stages and Processes, the Markers and the Context of change described in the Transtheoretical Model. This process involves learning and individuals often move back and forth between stages and relapse and recycling through the stages until the tasks are accomplished adequately to support sustained change. The interaction of change tasks and efforts to prevent initiation and provide treatment will be highlighted.

Thursday 8:45 a.m. - Keynote

(1 Hour Credit)

"Adolescent Drug Treatment: Politics, Pressure, Policy and Clinical Practice"

Robert Schwebel, Ph.D.



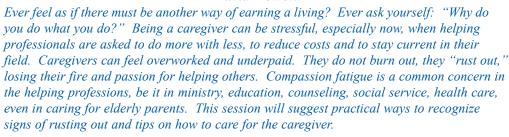
Most youth are mandated into treatment by authorities...all of whom want drug-free youth immediately. Treatment providers feel they must deliver this outcome, resulting in a "mad rush for abstinence." Unfortunately most young people are in the early stages of change. The "mad rush" is a mismatch with the starting point of youth. Young people lie, resist, or flee from drug treatment, partially explaining the disappointing outcomes and high drop out rates. This talk discusses this problem and type of courage and counseling approaches that would correct it. Some introductory material is included about The Seven Challenges Program.

Friday Breakfast - 7:30 a.m. - Closing Session

(1-Hour Credit)



David Powell





The Second Annual Michael E. Townsend Leadership Academy



Charting a course....

....lighting the way

The Second Annual Michael E. Townsend Leadership Academy

The Kentucky School of Alcohol and Other Drug Studies is offering a professional development opportunity in the Michael E. Townsend Leadership Academy. The purpose of this initiative is to develop leadership talent and skills for the future of Kentucky substance abuse prevention and treatment. The class will be limited to 40 participants each year with half being emerging leaders and the other half consisting of highly respected, well-established leaders in their disciplines who will serve as mentors. Candidates for the Academy will complete the application to attend the Academy.

The Academy will consist of a three day intensive workshop held during the KY School and follow-up sessions throughout the year. The follow-up sessions will be held electronically and will not require travel on the part of participants. Participants are expected to actively participate in the Academy throughout the year. Group discussions and projects will focus on the "at work" application of leadership, experiences and lessons learned. Topics covered will include: embracing change, identifying the work culture, and nurturing high performance in the workplace.

The Leadership Academy sessions will be facilitated by Jan Arnow, Executive Director of the Institute to Prevent Youth Violence. Ms. Arnow has extensive experience in leadership development, cross-cultural communication, multi-cultural education and violence abatement. She has lectured at the Smithsonian Institution in Washington, D.C., and the American Academies of Psychoanalysis and Child & Adolescent Psychiatry. She has also addressed the General Assembly of the United Nations on issues of children and violence.

Goals for the Academy include the following:

- Appropriate learning pace sustained over a period of time
- Relevant leadership subjects for on-the-job use
- Active participation and behavior-based learning
- Senior leadership ownership of providing credibility, collegiality and content validity

The Michael E. Townsend Leadership Academy will provide an excellent opportunity for future leaders to interface with those professionals who have demonstrated a true passion and dedication to the substance abuse arena. We are thrilled to be able to offer this exciting opportunity at the Kentucky School and look forward to many years of developing our future leaders.

Michael E. Townsend Leadership Academy

Application Form - Application Deadline June 20, 2006

33rd Kentucky School of Alcohol and Other Drug Studies

This form must be filled out if applying to participate in the Michael E. Townsend Leadership Academy. The Academy will consist of a three day intensive workshop held during the KY School and follow-up sessions throughout the year. The follow-up sessions will be held electronically and will not require travel on the part of participants. Participants are expected to actively participate in the Academy throughout the year. The first three sessions will meet on July 24th, 25th, & 26th, 2006. **Participants will be expected to participate in all sessions.** Fee for the total five sessions is \$375.00. If accepted to the Academy and you wish to attend a Thursday/Friday class at Kentucky School please fill out the Kentucky School registration form on page 54. **Please note additional fees will apply for Thursday/Friday classes.**

Nan	16		
Title	9		
Age	псу	Address	Phone
Fax		E-mail	
	Why would you like to participate in the	e Academy?	
	What do you feel that you have to offer	to the future of substance abuse preve	ntion and treatment?
	What is your relevant experience and b	eackground?	

* Participants will be expected to pay for their lodging and expenses while attending the leadership academy.

Please mail application by June 20th, 2006 to: KSAODS

Division of Mental Health and Substance Abuse Services
EKU / Perkins 202
521 Lancaster Ave.
Richmond, KY 40475

Core Workshops (C)



Charting a course....

....lighting the way

Comprehensive Workshop

(Monday, Tuesday, Thursday and Friday)

18 hour skill-building workshop. Limited space is available. This is a week long class. No other workshop may be taken.

C-1 Psychotherapeutic Medications 2006-What Every Counselor Should Know

PIT

Merrill Norton, R.Ph., NCACII, CCS

TARGET AUDIENCE: Behavioral health care counselors to include physicians, social workers, addiction counselors, professional counselors, court service worker, DUI professionals, professional counselors, psychologists, nurses, marriage and family therapists who work with individuals challenged with mental illness and addictions.

This workshop is for behavioral health care practitioners who work with individuals challenged with mental illness or substance abuse diagnosis. The primary purpose of this workshop is to bring to the participants the latest pharmaceutical applications to the diagnostics of the DSM IV-TR. Many of our patients take medications to function at their highest level of success. This workshop will highlight the body of knowledge of psychotropic medications including the latest antidepressants, anti-psychotics, antianxiety, mood stabilizers, psycho-stimulants, and herbal psychotropics. A recent review of the latest in the neurobiology of anxiety, depression, and personality disorders will also be included in this presentation.

Participants will be able to: 1) discuss and identify classes of drugs used to treat the spectrum of mental disorders; 2) have an overview of the neurobiology of anxiety, depression, personality disorders and psychotic disorders; 3) discuss the most recent advances in drug therapies in the mental health and addiction treatment fields; and 4) review neurobiology of psychoactive chemical use, abuse, and dependencies (The Hijacking of the Brain).

C-2 Preparing to Become a Certified Alcohol and Drug Counselor in Kentucky



Jeanne Keen/Michael Vance

TARGET AUDIENCE: KY participants who need an overview of the 12 Core Functions/Global Criteria and those preparing to sit for the KY CADC oral and/or written exams within 1 to 1 1/2 years.

This workshop will provide participants with a thorough understanding of the KY CADC certification process. The workshop will focus on the Twelve Core Functions. Participants will receive information on the process of the Oral Exam and will be given a chance to practice the exam in a non-threatening setting. Participants will also learn about the written test and receive tips on how to take a standardized test.

Participants will be able to: 1) identify and describe the 12 Core Functions; 2) discuss the Global Criteria that are necessary to demonstrate competence in each of the functions; 3) discuss the process of the oral and written exams; and 4) understand the CADC certification process.

PIT

P-Prevention

I-Intervention

Comprehensive Workshop

(Monday, Tuesday, Thursday and Friday)

18 hour skill-building workshop. Limited space is available.
Please list a Wednesday Workshop as well.

C-3 Treatment of Dual Diagnosis: Overview of Evidence Interventions

Т

Jeff Georgi

TARGETAUDIENCE: All welcome.

This workshop will review the bio-psycho-social-spiritual disease paradigm, which unifies mental illness and substance abuse within a cohesive therapeutic framework and will provide a comprehensive overview of evidence based pharmacological and behavioral treatments. Specific interventions will be discussed which will help clinicians work specifically with this challenging patient population.

Participants will be able to: 1) describe the bio-psycho-social-spiritual model of mental illness/substance abuse in providing an overall framework for the understanding of the dually diagnosed patient; and 2) list specific evidence based pharmacological and behavioral interventions applied in the treatment of dual disorders.

C-4 Intensive Skills Training in Motivational Interviewing



Suzanne Carrier, LCSW/Brian Moore, Ph.D.

TARGET AUDIENCE: Substance abuse and mental health professionals, prevention, social workers, probations and parole, community corrections, court officers, drug court, juvenile justice, physical health workers.

Motivational Interviewing is a client centered yet, semi-directive counseling approach that has been shown empirically to increase client retention and long-term change. MI can be integrated into most therapy modalities and existing programs and includes techniques that professionals can learn to adapt to their own counseling style. MI can be used successfully throughout the treatment process from assessments to aftercare. Course work include experiential "real plays", group exercises, brief lectures, discussion and videos.

Participants will be able to: 1) understand the underlying concepts of Motivational Interviewing; 2) be able to describe the "spirit" or underlying attitude of MI; 3) readily use reflective listening in a sophisticated and strategic manner; 4) learn to recognize the client statements that are more predictive of commitment to successful change; and 5) identify ways to integrate motivational interviewing into existing approaches including documentation and treatment planning.

PIT

P-Prevention

I-Intervention

Monday/Tuesday (A) Workshops



Charting a course....

....lighting the way

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

A-1 Who Etched On Your Sketch

PIT

IT

Bill Hale

TARGET AUDIENCE: All providers of service delivery working at levels in substance abuse treatment and prevention programs, schools and other institutions.

This course is designed as an intense exercise in human awareness. In a world where the pace is fast and the bottom line results are demanded, it is easy to fall prey to seeing others as objects to be manipulated. From deep inside us there is a constant murmur that says "I count for more than that!" Using a series of thought-grams and concepts of personal journaling, this course will refresh our spirits toward encouraging the human side of life and work.

Participants will: 1) examine dynamics of healthy and unhealthy and be able to identify the same; 2) learn healthy models of relationship involvement to assist clients to form mutually beneficial relationships in the recovery process; and 3) learn techniques with which to assist clients in exploring new and expanded perceptions of intimacy.

A-2 Alcoholism: A Disease of Brain Chemistry and More

Dr. Burns Brady

TARGET AUDIENCE: For everyone who is interested in learning more about the alcohol or drug field.

The presenter will talk about: neuropharmacology and neuroanatomy of addiction and the bio-psycho-social model of drug interaction and alcoholism; neuropharmacology of stimulants; neuropharmacology of marijuana addiction; and neuropharmacology of benzodiazepine addiction.

Participants will be able to: 1) examine the biological, psychological and social aspects of the disease of alcoholism; 2) understand options for treatment of the disease; 3) discuss dual diagnosis; 4) focus on the Post Acute Recovery Syndrome; 5) understand the neuropharmacology of stimulants; 6) discuss the stimulant withdrawal syndrome; 7) understand long-term risk of stimulant use and abuse; 8) learn the neuropharmacology of marijuana; 9) discuss therapeutic opportunities and usage of marijuana; 10) learn neuropharmacology of benzodiazepines; 11) study use and contraindications in treatment of addiction; and 12) learn low & high dose withdrawal.

A-3 Addiction 101-Understanding the Basics of Addiction & Recovery

Cosco Williams

TARGET AUDIENCE: Individual seeking initial certification, new clinicians, administrative staff, clerical staff, non-recovering staff or volunteers, anyone interested in the topic

This course provides participants with a forum to assess, increase, grasp and develop an understanding of addiction and the process of recovery. The workshop is designed to assist participants in evaluating their own thoughts and beliefs about addiction. It will also present and discuss working definitions for addiction and recovery, along with demonstrating techniques and strategies for identifying and decreasing denial. The course is based on the disease model of addiction and reinforces the 12-step recovery process.

Participants will: 1) enhance their ability to engage & connect with clients; 2) learn the use & interpretation of an addiction progression chart; 3) be introduced to the technique of using the stages of recovery chart & theory; and 4) be introduced to strategies for identifying & decreasing denial.

A-4 Group Counseling-Beginners



PIT

Bob Davis

TARGET AUDIENCE: Counselors with little or no experience.

This workshop is designed to meet the needs for a balanced approach to training group counselors. Theoretical material is concerned with group norms, goals, the issues of process and content, and the stages of group growth.

Didactic material and structured exercises are combined to:
1) help the counselor learn to anticipate important issues that might arise in group; and 2) promote personal growth and teach exercises that can be used in groups at participants work setting.

PIT

P-Prevention

I-Intervention

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

A-5 It's All About You: Exploring The Role of Personal Response In The Community Process

Laura Nagle/ DonnaWiesenhahn/ Pat Brockman

TARGET AUDIENCE: Everyone Welcome.

When we work within a community, we bring our strengths and (gasp!) our weaknesses. What is the role of personality and personal style in the process of working within a community?. This workshop will challenge participants to look at the way their responses affect their effectiveness when working within a community. Participants will complete the Myers-Briggs Personality Profile and use this information in their self-assessment.

Participants will: 1) increase awareness of learning style, understanding style and listening style; 2) increase skill and ability in influencing change at the very basic level; 3) leave with their own Myers-Briggs personality profile; and 4) increase capacity to understand how language is reflected in each persons "style".

A-6 The Adolescent Brain: PIT Substance Abuse and Other High Risk Behaviors Michael Nerney

TARGETAUDIENCE: All Welcome

Recent research indicates that the time frame from 14 years to 24 years of age is exceptionally risky. New insights into brain development, gained through the use of new technology, demonstrate specific conditions that exist in the brain only during adolescence. Linking this research to the stages of adolescent development has generated better understanding of the way in which adolescents perceive the world, themselves, and their behaviors.

Participants will: 1) review recent research on the adolescent brain; 2) list three major areas of the brain; 3) understand the impact of Amygdala activity on emotions & perception; 4) identify specific emotions related to drug of choice; and 5) identify three differences between adolescent & adult substance abuse. treatment.

A-7 Domestic Violence Victimization and Substance Abuse: Understanding, Assessing, and Treating

Stephanie Haynes Ratliff

TARGETAUDIENCE: All our welcome.

The relationship between domestic violence victimization and substance abuse is significant and complex. Participants attending this workshop will receive an overview of domestic violence which will meet requirements for Kentucky's mandated training in domestic violence (House Bill 309). A brief review of research findings regarding domestic violence and substance abuse will be presented. Participants will be provided with concrete assessment and intervention skills, emphasizing the importance of providing clients with safe, effective, and comprehensive treatment. The need for improving the connections between the two fields at a community level will also be discussed. This interactive workshop highlighting a survivor's perspective on these issues and featuring guest speakers from the Kentucky Domestic Violence Association is essential for any professional in the mental health, substance abuse, or domestic violence field.

Participants will learn: 1) basic dynamics of domestic violence; 2) the role that the abuse of substances play in relationships where power and control exists; 3) effective and empowering assessment and counseling skills for working with persons affected by substance abuse and domestic violence; 4) useful resources for victims of domestic violence with substance abuse problems; and 5) strategies for developing relationships at the community level between the domestic violence and substance abuse fields.

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

A-8 Art Therapy Interventions for Substance Abuse Clients

Fran Belvin

TARGET AUDIENCE: All Welcome. No art experience necessary.

Art therapy is a modality that uses the nonverbal language of art for personal growth, insight, and transformation. Since our earliest recorded history, art has been used to restore physical, psychological and spiritual well-being. -C. Malchiodi

Art therapy is a strength-based treatment modality often used with substance abuse clients because of its capacity to enhance insight, facilitate individual expression and self-responsibility, and increase communication between group members and between client and therapist. This workshop will combine lecture, slides, and participatory art activities to explore art therapy techniques appropriate for substance abuse clients. Participants will experience first-hand the fun and the power of the creative process.

Participants will: 1) understand how art therapy works and why it is a beneficial treatment modality for substance abuse populations; 2) become familiar with several art interventions appropriate for substance abuse clients; 3) learn how to integrate art interventions into individual and group counseling sessions; and 4) gain a tool for personal growth and self-exploration.

A-9 Opiate Addiction and Treatment

eatment

TARGET AUDIENCE: Anyone who is interested in learning more about opiate replacement treatment. Counselors, nurses medical staff.

* Counselors working with methadone maintenance clients.

This workshop will offer a basic understanding of opiate pharmacology. We will discuss Harm Reduction Treatment as well as Opiate Replacement Therapies. Current issues for Kentucky will be discussed regarding opiate addiction and treatment.

Participants will: 1) leave with a basic understanding of opiate pharmacology; 2) have information on Harm Reduction Treatment; 3) leave with information on Opiate Replacement Therapies; and 4) know the current issues for Kentucky.

A-10 Chronic Pain & Addiction

IT

Rolly Sullivan, MD

TARGET AUDIENCE: Experienced practitioners who work in inpatient, outpatient or community programs would benefit from this workshop.

This workshop will focus on the increasingly common problem of chronic pain and addiction with an emphasis on prescription drug addiction. Topics to be covered include the neurophysiology of pain, chronic vs. acute pain, classes of addicting drugs, addiction to prescription drugs, basics of urine drug testing, and identification of chronic pain patients with addiction, treatment options and case histories.

Participants will be able to: 1) know something of the history of treatment of chronic vs. acute pain; 2) be able to have a basic understanding of how pain is transmitted in the human body; 3) have a working knowledge of drugs of addiction and what class they fall into; 4) be able to identify patients with chronic pain and co-morbid addiction to alcohol or drugs; and 5) understand the basic tenets of treatment for patients with chronic pain and addiction.



P-Prevention

I-Intervention

T-Treatment

I|T|

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

A-11 Pre and Post Release Dynamics of Substance Abusing Offenders

IT

Michael Johnson

TARGET AUDIENCE: Counselors who provide group counseling to the criminal justice population.

Over 50,000 prisoners are paroled each year from prisons throughout the United States. Many more serve their time and are released from county jails. More than 50% of these individuals have been identified as chemically dependent or their crimes were directly related to the consumption and use of alcohol and other drugs. Based on an understanding that most offenders will ultimately return to the community, it is important that those charged with developing a plan of services and supervision to facilitate the transition be familiar with the multiple needs of offenders both as they prepare for, and upon release from an institutional setting. This workshop is designed to aid substance abuse counselors, probation officers, and correctional personnel in developing an understanding of offender needs and identifying strategies to address issues related to overcoming stigma, self-doubt, employment, housing, staying connected to a positive support system, and managing triggers that might lead to relapse.

Participants will: 1) learn how to identify the multiple needs of substance abusing offenders transitioning to the community; 2) learn about the barriers to successful transition; 3) understand roles and responsibilities of collaborative partners facilitating the transition process; and 4) learn to identify and explore therapeutic interventions and supports associated with positive transitional outcomes.

A-12 Hot Drugs in Kentucky



Major Mike Bosse/ Patrick J. Sammon, Ph.D.

TARGET AUDIENCE: Alcohol and other drug counselors, health care professionals, law enforcement personnel, prevention specialists, social service workers, school administrators, teachers/counselors, student assistant coordinators, and other persons who desire in-depth information about current drug trends, problems and solutions in Kentucky.

This workshop is designed to provide new insights and understanding into some of the current "hot issues": the explosive growth of Internet drug trafficking, the rampant illicit use of the painkillers OxyContin and Vicodin, the "modus operandi" of drug seekers, the abuse of cocaine and heroin that plagues our state, the dangers and impairment issues of Over-the-Counter drug abuse, the meth lab crisis and abuse trends, the party drug culture and rage, the medical marijuana and legalization issues, and more. Participants will also have the opportunity to observe and identify drug paraphernalia and gain a better understanding of how law enforcement addresses illegal drug use. Through up-to-date research, stories and the personal experiences of the speakers participants will gain a deeper understanding of what drug cultures are really like and the serious health and impairment risks of illegal drug use.

Participants will: 1) discuss how easy it is to access all the information necessary to produce, purchase, or sell illegal drugs over the Internet and how web sites popularize and glamorize drug use and promote various drug cultures; 2) know how the non-medical use of prescription drugs can lead to abuse and addiction, characterized by compulsive drug seeking behavior; 3) demonstrate an understanding of the abuse potential and physical and behavioral effects of the opioids (OxyContin, Lortab, Percocet, Tylox, Vicodin, etc.), anxiolytics/depressants (Xanax, Valium, alcohol), and stimulants (amphetamine, cocaine, ephedrine, Ritalin); 4) view acutal footage of street level drug buys and understand the dynamics and dangers of an "open air" drug deal; 5) recognize how "drug seekers" attempt to obtain and divert prescription drugs and learn how to identify and deal with these individuals; 6) recognize the common appearances of meth labs, behaviors of manufacturers, indicators of meth abuse and know meth lab safety issues; 7) increase your skills in effectively communicating drug prevention information to individuals, families and groups through risk identification and education.



P-Prevention

I-Intervention

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

ΙT

A-13 Effective Approaches to Gang/Youth Violence & Drug Dealing Part 1

Eddie Woods, Ph.D.

TARGET AUDIENCE: Regardless of your community's size or location, this workshop is appropriate for service providers that work with youth and their families. It is particularly useful if you are a professional in the areas of law enforcement, education, juvenile justice, youth ministries, child protection, Parks & Recreation and/or a parent/guardian.

This workshop component explores strategies for organizing and developing effective approaches to the impact of community youth gangs/violence and drug dealing. It is designed to maximize resources for effective outcomes. We can no longer afford to wait on law enforcement to fix the problem or downplay it as "that's just kids being kids". The keys to constructive outcomes are information, planning and execution.

Participants will: 1) learn to identify pertinent risk factors; 2) learn to identify appropriate resources; 3) know more about youth gangs and the allure of drug dealing than the youth that they care for and/or work with; and 4) learn how to put together a strategy that can be evaluated for effectiveness.

A-14 Methamphetamine: The New Millennium

PIT

Dean Hamilton

TARGETAUDIENCE: All Welcome.

The primary purpose of this workshop is to provide an understanding of methamphetamine labs and the methods of cooking methamphetamine. The workshop will also include a listing of the items used in manufacturing methamphetamine, personal safety, meth labs in vehicles, and dealing with children in meth labs. The participants will see a mock lab setup and know the process of the production of meth. This workshop is about the police officer, EMS, firefighters, Home Care personnel, Substance Abuse personnel, and the tools that are needed and used to help the officers, and personnel to perform his or her duties in the safest and best way possible. This workshop teaches how to follow procedures properly when the officer locates a methamphetamine lab.

Participants will be able to: 1) identify the items used in the production of methamphetamine, and identify the types of labs (Nazi or Red Phosphorous). Participants will know each step in the production of methamphetamine; 2) know what to do as the officers encounter a lab; 3) identify items used by meth cookers in order to cook and use meth.; 4) know the dangers of the chemicals that are used in the production of meth and the health problems that an officer may face; 5) learn how to handle the children and make cases against the parent; 6) learn the effects on children who are being raised in the meth lab environment; 7) have an overview of methamphetamine; and 8) and how to change your town.

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

A-15 The Recovery Process for Pookie & Peaches: Helping the Hip Hop Generation to Heal

PIT

Alfred "Coach" Powell

TARGET AUDIENCE: Service providers, educators, ministers, etc. who work with youth.

Over the past 25 years, Hip Hop emerged out of impoverished African American ghetto culture to become a multi-billion dollar global industry that includes music, media, fashion, and more. The Hip Hop mindset celebrates the values of materialism and sexuality above all. Hip Hop is a movement that crosses all socio-economic, national, and racial boundaries. Despite the importance of HIp Hop on the development and maturation of young minds, few scholars and thinkers have dealt with its darker aspects and the negative impact on young people, especially Pookie and Peaches--African American youth. Hip Hop is where Pookie and Peaches live. With hypnotic beats set to lyrics that glorify irresponsible sex and materialism, rap appeals to the base emotions (rage, anger, lusts) and encourages risky behaviors (crime, multiple sex partners, violence, alcoholism, substance use). The aggression, rage, and anger youth often feel toward themselves and others are echoed and celebrated in the music, and the music fuels their developmental urge to rebel against authority in harmful, destructive, and sometimes lawless ways. In this workshop, we will explore the social engineering and subliminals behind the music and videos, Hip Hop's relationship with Corporate America, and the impact on African American youth and the community.

Participants will: 1) understand the negative impact of Hip Hop within the framwork of Piaget's and Erickson's stages of youth development; 2) explore the Hip Hop mindset, values, and ghetto culture; 3) decode the formulas used in rap music, videos, and lyrics; 4) explore the relationship among criminality, marketing, and rappers' resumes; 5) explore how Psychomedia Perpetrator Disorder can lead to youth substance addiction, teen pregnancies, STDs, violence, crime, etc.; 6) explore the prevalence of Prolonged Adolescent Syndrom in Hip Hop and how it leads to the abdication of personal responsibility, a victim mindset, and addiction; and 7) provide intervention and treatment strategies.

This live session will be interactive and will feature video and Power Point presentation. Relevant books will be available for sale.

The danger of Hip Hop is that it is designed to appeal to children and adolescents during the all-important developmental stages of child-hood. Rescuing this lost generation requires urgent interventions and sometimes treatment. As we better understand this powerful movement, we will then be able to develop, implement, and improve more effective interventions and treatments.

A-16 Ethics and HIV/AIDS for the Professional



Michael McLemore/Kathy Seifried

<u>TARGET AUDIENCE</u>: Substance abuse therapist, Social Workers, Case Managers, Outreach Workers and Prevention Specialists.

A uniquely structured workshop allowing professionals to learn more about why we have codes of ethics, how to make ethical decisions, how to avoid malpractice suits and information to help the recovering professional maintain well established boundaries. Interwoven into this workshop will be techniques to becoming more sensitive to the issues of preparing a client for HIV testing decision. This workshop will deal with ethical concerns experienced in providing counseling to HIV and high risk clients and will present materials to prepare practitioners to provide services for HIV/AIDS patients in an ethical and professional manner. Case studies will be used through the workshop.

Participants will: 1) understand the purpose of Codes of Ethics; 2) learn how to make ethical decisions by solving case studies; 3) recovering professional will learn ways to maintain health boundaries with clients they work with; 4) learn ways to avoid a malpractice suit; 5) understand and learn new techniques for work with high-risk clients; 6) prepare counselors who work with HIV and high risk clients.



P-Prevention

I-Intervention

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

A-17 Methamphetamines and Treatment Modalities for Methamphetamines



Donna Johnson

TARGET AUDIENCE: Anyone interested in gaining knowledge about methamphetamines and treatment

This workshop will look at all aspects of methamphetamines. Course participants will gain understanding of this drug and the current most recommended treatment modalities. This will look at the history of meth, the effects of meth, new drug therapies being developed and researched, and recommended treatment modalities. Current modalities for treatment are cognitive behavioral therapy, motivational therapy and the newest research based therapy recommended by NIDA and CSAT the matrix model.

Participants will gain an understanding of: 1) the history of methamphetamines; 2) the effects of methamphetamines; 3) recommended treatment modalities; and 4) the specifics of the matrix model of treatment.

A-18 Nurturing Families Through Recovery



Patricia Patterson

TARGET AUDIENCE: This workshop will benefit people who work with clients affected by substance abuse, mental illness and trauma.

The Nurturing Families Through Recovery Workshop provides training to group facilitators in the implementation of the *Nurturing Program for Families in Substance Abuse Treatment and Recovery* curriculum. This workshop will provide thorough preparation of group facilitators through knowledge and skill-building. Principles, philosophy, clinical rationale and techniques will be explored through presentation and interactive activities.

Participants will: 1) gain familiarity with the philosophy and guiding principles of the relational model and the Nurturing Program curricula; 2) gain enhanced awareness of the importance of hopefulness for families in recovery, and will participate in a structured activity designed to sustain hopefulness with parents; 3) gain familiarity with the parallel developmental stages and struggles of human growth, recovery, and parenting; 4) gain knowledge of and familiarity with strategies and techniques that: a) identify and minimize stress, b) set non-invasive boundaries, c) distinguish nurturing touch from invasive touch; 5) gain familiarity with: a) the losses experienced through substance abuse, b) techniques for grieving losses in order to build a healthy lifestyle in recovery; 6) use and learn an activity which provides insight into: a) the diversity of family structures and relationships, b) the impact of substance abuse on families; 7) gain familiarity with a range of: a) group facilitation strategies and techniques, including group dynamics, b) media to be utilized in group facilitation; and 8) gain an understanding of the importance of play as a vehicle for: a) engaging parents and children in nurturing relationships, b) developing rituals which incorporate fun and celebration in recovery.



P-Prevention

I-Intervention

(Monday and Tuesday)

2 day, 10 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

A-19 Basic Chemical Dependency Counseling Skills



Patrick Whelan

TARGET AUDIENCE: Any counselor working directly with chemically dependent adults and/or adolescents. Two years or less experience.

This workshop is intended solely for those in the field two years or less. It will provide a base of information and a framework from which to view the client differently. It will emphasize beliefs more than techniques but it will also demonstrate skills and set aside time to practice. The workshop will help build a solid foundation that is critical not only for being effective, but equally necessary for enduring wellness and avoiding burnout. If you are looking to increase your confidence, this workshop will be a very fine fit.

Participants will be able to: 1) translate information into skills; 2) learn two ways to approach denial/resistance; 3) learn how to avoid power battles; 4) experience the value of increased confidence.

A-20 Laughter: The Thirteenth Step



Sandy Queen

<u>TARGET AUDIENCE</u>: Experienced counselors and others who wish to evaluate and expand their level of appreciation of the role laughter can play in healing and recovery.

Recovery is serious business. But is it too serious to be taken so seriously? Laughter is a necessary element of any healing process for it is only when we can look at ourselves and our lives with a sense of humor that we can truly complete the recovery/healing process. This workshop will help participants take a lighter look at their lives and their attitudes surrounding this important element of recovery and will invite them to develop a healthy sense of her/his own humor.

Participants will: 1) understand the relationship between laughter and healing; 2) evaluate their own level of appreciation of laughter and play; 3) participate in activities that will enhance their "laughter quotient."

PIT

P-Prevention

I-Intervention

Wednesday (W) Workshops



Charting a course....

....lighting the way

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

W-1 Evidence-Based Treatment Approaches

PIT

Ray Daugherty/Robert Straus, Ph.D

TARGET AUDIENCE: All Welcome

This year's research panel will address key findings from research on Evidenced-Based Treatment Approaches and will address such questions as, "What are evidenced-based approaches?" "What does it take to do these approaches effectively?" and "What can I expect if I adopt evidence-based approaches?" The panelists will interact with the audience in a discussion period at the end of the day.

Panelists:

Robert Straus Ph.D., University of Kentucky, School of Medicine, Department of Behavioral Sciences.

Dr. Straus pioneered the application of behavioral sciences in physician training and has spent more than 50 years conducting and integrating research on alcohol and behavior. He will address the historical shifts that have occurred in our understanding of the disciplines and how they affect each other.

Timothy O'Farrell, Ph.D., Harvard University, Department of Psychiatry Behavioral Couples Therapy Outcomes indicate that use of behavioral couples therapy (BCT) for those with alcoholism or drug addictions leads to increases in abstinence rates, improved couple adjustment and reduced risk of separation and divorce, reductions in family violence, improved functioning of the children in the family, and favorable cost-benefit and cost- effectiveness rates. Dr. O'Farrell will also describe the clinical interventions used in BCT to obtain these positive outcomes.

Theresa Moyers, Ph.D., University of New Mexico, Center on Alcoholism, Substance Abuse and Addictions

Mechanisms of Efficacy in Motivational Interviewing

Motivational Interviewing (MI) is now one of the most thoroughly researched behavioral treatment approaches in the addictions field. MI research has not only contributed to our understanding of how to facilitate change in client behaviors but in counselor practices as well. Dr. Moyers will present research both on how such client "change talk" predicts future behaviors, and findings on how to measure counselor fidelity when utilizing MI.

Carlo DiClemente, Ph.D., Professor and Chair, Department of Psychology, University of Maryland, Baltimore

New Ways of Seeing Change in Substance Abuse

Few theories have influenced thinking in the addictions field as has the Transtheoretical Model, and its Stages of Change, and Processes of Change. Dr. DiClemente will follow his morning plenary presentation with a look at some of the research that supports the model and demonstrates its usefulness both in clinical and in brief intervention settings.

Robert Walker, MSW, University of Kentucky, Center on Alcohol and Drug Research Discussant

Robert Walker will discuss salient points from the previous presenters in light of the research he has conducted on treatment effectiveness in the state of Kentucky.

The panel will be moderated by Ray Daugherty.

PIT

P-Prevention

I-Intervention

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

W-2 "Now What.....? Making the most of your time spent at KSAODS and other trainings"

Cindy Koetzle/Josh Wolk

TARGETAUDIENCE: All Welcome

"I went to this great conference, collected resources, attended some great workshops and left feeling energized and ready to share the information with my co-workers. When I got back to my office, I got caught up in the day-to-day responsibilities and never got a chance to share this valuable information. Then, I was given a chance to lead a workshop for my organization, I was in need of some helpful tips to design and deliver the training but didn't know where to look for information. Help! I know that sharing this information would be valuable to my organization!"

Does this sound like something you have said or thought? Have you attended some great workshops, trainings, seminars, etc, and wondered "now what"? Well, you are not alone! This interactive workshop will focus on maximizing the time and money spent attending trainings by looking at some helpful strategies. "Now What?" will look at 3 areas of training and development. We will examine the importance of training and development, discuss adult learning principles and strategies for effectively sharing what you have learned. We believe learning can be fun, social and energizing!

What's in it for me? At the end of this workshop participants will be able to: 1) identify adult learning principles; and 2) take steps to transfer what you have learned back into your organization.

Jay Davidson/Rodney Brannon/ Clyde Harper

TARGET AUDIENCE: This workshop is appropriate for anyone interested in learning more about Governor Fletcher's initiative of Recovery Kentucky to help Kentuckians recover from substance abuse that often leads to chronic homelessness.

In January 2005, Governor Ernie Fletcher unveiled *Recovery* **Kentucky**, a program to help Kentuckians recover from substance abuse and addiction, which often leads to chronic homelessness. Through this program there will be created at least ten housing recovery centers across the state. These housing recovery centers will help address the state's drug problem and resolve some of the state's homeless issues simultaneously. The ultimate goal, however, is for the residents of the recovery centers to achieve a life of sobriety and become productive members of society. As transitional supportive housing, each recovery center will use a recovery program model that includes peer support, daily living skills training, job responsibilities and practical living experiences. This combination of transitional housing and recovery program has proven to help people who face the most complex challenges to live more stable, productive lives.

Participants will become familiar with: 1) the principles to operate a Sobering-Up Center (Safe Off the Streets) program; 2) the principles of the Motivational program and the off-site classroom; 3) the principles of the Social Model Recovery program; 4) the principles of a hybrid therapeutic community and community meeting; and 5) the principles of the transitional program.



P-Prevention

I-Intervention

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

IIT

ITI

W-4 Treating Gay, Lesbian, Bisexual & Transgender Clients

Edwin Hackney

TARGET AUDIENCE: Appropriate for all disciplines with a focus on clinical settings.

This workshop, using an experiential format, will provide information about sexual identity and gender formation stages and effective client assessment techniques. Affirmative intervention strategies to enhance client safety and counselor sensitivity will be presented. An update on current research will be presented and substance abuse issues for gay, lesbian and bisexual persons will be discussed.

Participants will be able to: 1) identify stages in sexual identity development; 2) identify useful assessment and intervention techniques for substance abuse treatment of gay, lesbian and bisexual persons; and 3) describe clinician responsibility and barriers to successful treatment.

W-5 Understanding the 12-Steps and 12 Step Fellowships

Cosco Williams

TARGET AUDIENCE: Individuals seeking initial certification, new clinicians, administrative staff, clerical staff, non-recovering staff or volunteers, anyone interested in the topic.

This workshop is designed to increase the participants knowledge base and understanding of the 12-Steps. This is accomplished with introduction to the structure and origin of 12 Step fellowships along with reviewing each of the 12-Steps individually. The spiritual principles which underlie the 12-Steps are examined independently and examples of their application are presented. A comparison of treatment and 12-Step fellowships is conducted and techniques for linking with these two processes are explored.

Participants will: 1) increase ability to explain and present the 12-Steps to clients and staff; 2) gain ability to distinguish between various 12-Step fellowships; 3) be able to match client with and make more accurate referral to 12-Step fellowship; and 4) be able to present and discuss the differences between 12-Step fellowships and treatment programs.

W-6 Preparing For The Certified Prevention Professional Exam

PI

Michelyn Bhandari/Erin Paul

TARGET AUDIENCE: Prevention Specialists wanting to learn how to study for the IC&RC/ATOD Prevention Exam

This interactive course will help the ATOD prevention professional understand and prepare for the IC&RC /ATOD Prevention Credentialing Exam. Participants will learn about the core domains upon which the exam is based, types of questions which are on the exam and the fundamentals of test taking. Participants will receive a recommended resource list for IC&RC/ATOD Prevention Credentialing Exam preparation.

By the end of the course participants will be able to: 1) identify the five core functions upon which the IC&RC/ ATOD Prevention Credentialing Exam is based; 2) identify the three types of questions which comprise the exam; and 3) identify four test taking skills.

W-7 Getting Things Done More Effectively and Efficiently



Eric Schmall

TARGET AUDIENCE: Administrators, Managers, Supervisors - anyone who has to do more with less resources.

This workshop will provide tools for effective and efficient organizational skills for the workplace.

Participants will: 1) understand the principles of improving workload efficiency; 2) learn how to manage time so that productivity can be enhanced; 3) learn how to plan and run more effective meetings; and 4) understand the dynamics of personal communications in the workplace.

PIT

P-Prevention

I-Intervention

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

W-8 Don't Just Sit There, View Something



David Powell

TARGETAUDIENCE: All Welcome

Want something different and stimulating? Then this might be the workshop. We will explore creative ways of improving the effectiveness of therapy by engaging the client in active approaches to counseling, while having fun in the process. Who ever said therapy needs to be so boring? This workshop will explore the use of media and film in counseling. We watch classic and not-so-classic films that can be effectively used with clients. We discuss the use of film as a tool in groups, psychoeducation, and especially, when working with me. We discuss the use of rituals and art in counseling. Take a break from the other classes, laugh, draw, relax while you watch Kevin Costner, Emma Thompson, Robin Williams, Jack Nicholson, et al on films, such as Field of Dreams, WIT, Patch Adams, etc. And in the process, your therapy skills will improve. If you are unable to laugh, play or relax, then stay with the other workshops.

Participants will: 1) explore creative ways of improving the effectiveness of therapy; 2) have some fun; and 3) have ample opportunity to practice their skills in the use of media in counseling.

W-9 Influencing Public Policy



Leigh Pope/Joy White

TARGET AUDIENCE: Beginning substance abuse prevention professionals

Influencing public policy is one of the most powerful opportunities to make the case for substance abuse prevention. This workshop will address how to raise community awareness of Alcohol Tobacco &Other Drug issues, how to directly influence ATOD policies and procedures on awareness of ATOD issues, how to directly influence ATOD policies and procedures on a local and state level, and how to mobilize the community to help shape public policy.

Participants will be able to: 1) foster community awareness of ATOD issues; 2) facilitate meetings with community leaders regarding ATOD polices; and 3) identify activities to mobilize communities for public policy efforts.

W-10 Alcohol and Other Drugs: An Overview of Treatment



Pat McKiernan

TARGETAUDIENCE: All Welcome

This workshop will provide a brief history of alcohol and drugs with attention on prevalence and scientific evidence that supports alcohol and other drug dependency is a disease of the brain. A portion of this workshop will discuss evidenced based approaches including research on addictions treatment including effective incorporation of AA into treatment. Participants will receive information on various screening tools, assessments methods, making referrals, and levels of care in the treatment continuum. Finally, there will be a discussion of relapse and relapse prevention.

Participants will: 1) develop a historical perspective on the problem and alcohol and other drug dependency; 2) have a basis for understanding that alcohol and other drug dependency is an illness of the brain; 3) improve understanding of research and evidenced based approaches; 4) learn the appropriate use of screening tools, components of an effective assessment, and how to make referrals; and 5) develop and understanding of the difference between a lapse and relapse and basic strategies for dealing with relapses.

PIT

P-Prevention

I-Intervention

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

W-11 Intensive Outpatient Treatment Of Substance Abuse



Paul Nagy

TARGET AUDIENCE: Addiction treatment professionals.

In this age of major health care change, addiction treatment professionals are challenged to find ways to treat increasingly complex alcohol and drug use disorders with a greater emphasis on evidence-based outcomes and cost effectiveness. One response to this challenge has been the development of intermediate level of care services, which have proven to effectively treat difficult patients over a greater period of time at less cost. This workshop will focus on the intensive outpatient treatment continuum, the description of the IOP level of care and its role within the treatment continuum, the elements of effective intensive outpatient treatment and the common clinical staffing and administrative issues associated with intensive outpatient programs.

Participants will be able to: 1) describe the intensive outpatient treatment level of care & its role within the substance abuse treatment continuum; 2) recognize clinical indicators for determining placement in intensive outpatient substance abuse treatment; 3) describe the elements of an effective outpatient program; 4) discuss the common clinical issues and challenges associated with this level of care and review strategic responses to these challenges; and 5) identify special staff and administrative issues related to intensive outpatient treatment.

W-12 Crisis Management for the Dual-Diagnosis Patient



Jeff Georgi

TARGET AUDIENCE: All Welcome

This workshop will examine how to "manage" a crisis occurring in the life of a patient struggling with a substance use disorder and another psychiatric diagnosis. By its very nature, a crisis is understood, by the clinician, as a discrete event with relatively defined parameters and a clear time line. However, to the patient, a crisis is but a small fragment of their psychological/ psychiatric experience. Because of the importance of the context of the crisis, it is necessary to provide a framework for the mentally ill substance using patient that is broader than the crisis itself. The bulk of the workshop will focus on the identification, assessment and resolution and/or referral of the dual diagnosed patient in crisis. With emphasis placed upon helping the clinician address the context in which the crisis is being experienced. Preceding discussion of the crisis intervention, limited theory must be reviewed in order to give the crisis a therapeutic frame.

Participants will: 1) discuss the working definition of "comingling" disorders and its significance in responding to a crisis; 2) provide a framework for identifying a crisis within this patient population; 3) examine specific interventions to address the crisis; and 4) develop clear guidelines to best assess the patient's risk of suicide.

PIT

P-Prevention

I-Intervention

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

W-13 Preparing For The Certified Alcohol/Drug Counselor's Written Examination

Mike Vance

TARGET AUDIENCE: CADC candidates who are preparing to take the written exam in the next twelve months. Information is specific to the process in Kentucky and IC & RC. This training is not for the Prevention Specialist Exam.

The course will introduce the concept of IC & RC Certification Exams, particularly the format of the written exam. Material will include a review of test-taking strategies, pre-test compliance issues, review of specific knowledge areas required of exam candidates.

Participants will be able to: 1) become familiar with the policies and procedures required to get the written exam; 2) develop an understanding of the written exam format through its history, administration and content as required by IC & RC and as presented in written, multiple-choice format; 3) identify and practice strategies for study, preparation and the taking of standardized exams; and 4) evaluate the readiness for the exam by the use of practice/demonstration questions from each core function culminating in the taking and scoring of a sample test at the end of the class.

W-14 The Juvenile Sexual PIT Offender and Substance Abuse Issues

Lane Stonecypher

TARGET AUDIENCE: Open to all. The training will be of particular interest to those working with adolescents in the juvenile justice system.

This workshop will provide a profile of the juvenile sexual offender and treatment aspects including substance abuse. A distinction will be made between adult and juvenile offenders regarding treatment approach and outcomes. Correlations between substance abuse and sexual offender treatment will be illustrated. The stages of change, motivational interviewing and the 12 steps within the substance abuse treatment field are identified as having similar counterparts and strategies in the treatment for juvenile sexual offenders. The workshop will cover the sexual assault cycle (Precipitating, Compensatory, and Integration phases) and the importance of the criminal justice system in processing the committing offense for accountability. We will also cover the trauma outcome process, defense mechanisms and trust and betraval issues, which create the seeds of a failure complex. Participants will learn about invitation to responsibility and mascupathology. A description of how victim selection is made will be discussed and will include how drugs and alcohol are often used as a weapon. The 3 C's (Cooperation, Compliance and Coercion) will detail how youthful offenders often take the path of least resistance in victim selection. Victim Justice will be discussed. Offender typologies will be discussed. Connection to addiction features as well as the purpose of the treatment modalities will be presented. We will use videotape presentations and PowerPoint. A closing discussion will cover challenges concerning treatment with this special population. Participants will receive numerous resources for further reading as well as information on the Juvenile Sexual Offender Certified Counselor Program developed at the University of Louisville.

Participants will learn: 1) the sexual assault cycle; 2) the committing offense; 3) the trauma outcome process; 4) substance abuse issues; as a perpetration weapon and as an excuse to offend, as well as a replacement for non-offending; and 5) current materials and methods in treatment including suggested assessment tools.



P-Prevention

I-Intervention

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

W-15 Working with Women in the Criminal Justice System

Т

Gwen Holder

TARGET AUDIENCE: Addiction treatment, criminal justice, and mental health professionals.

This workshop will explore the fact that the female prison population is growing at a much faster rate than the male prison population. There are currently over 100,000 women incarcerated in state and federal prisons. In the state of Kentucky the number of women with felony convictions grew by almost a fourth from June 2003 to December 2004. What are we doing to address the issues that female offenders present both in the community and in the criminal justice system? This workshop will include a panel of treatment providers, a probation and parole officer, along with women who have come through the system and are clean and sober and living crime-free. There will be an opportunity for an interactive discussion.

Participants will: 1) review what is currently being done in both community and within the system to work with this population; 2) identify the benefits of a multidisciplinary team to treat these women; and 3) participate in an interactive discussion with treatment providers and women who have successfully come through the system.

W-16 Preparing for the CADC Oral Exam: Twelve Core Functions Global Criteria Format

Todd Trumbore

TARGET AUDIENCE: Participants who are needing an overview of the Twelve Core Functions/Global Criteria and those preparing to sit for the CADC Oral Exam within 1 to 11/2 years.

IT

This workshop will provide participants with a thorough understanding of the Core Functions and related Global Criteria. Participants will be given the opportunity to incorporate their direct clinical experience into the format necessary for demonstration of competence. The workshop will clarify the core functions that are sometimes condensed or not conducted at their agency. This will be of particular importance for persons working in a setting that does not deliver a full array of chemical dependency services. Participants will be given the opportunity to practice their understanding of the oral review process.

Participants will be able to: 1) identify and describe the 12 Core Functions and Global Criteria; 2) incorporate their chemical dependency clinical experience into the 12 Core Functions format necessary for demonstration of competence; and 3) discuss and clarify expectations.

PIT

P-Prevention

I-Intervention

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

W-17 "I Can't Handle Another Teenager!!!!" The Ins and Outs of Working With Substance Abusing Adolescents

Geoff Wilson

TARGET AUDIENCE: All Welcome

This workshop will cover the most pertinent aspects of working effectively with adolescents. A thorough examination of the "pay-off" adolescents receive from using drugs and alcohol and the correlation that exists to their bio-psycho-social development will be explored. A review of evidence-based approaches to working effectively with adolescents and the Pre-Treatment Process in relation to the continuum of care will be highlighted. Co-occurring disorders, cultural/gender issues, family systems, and the pros and cons of AA/NA involvement with teenagers will also be discussed.

Participants will be able to: 1) gain insight into the Pre-Treatment Process of working with teens and its relation to the Stages of Change Model; 2) identify motivation behind adolescents turning to drugs and alcohol and the effect their use has on their bio-psycho-social development; 3) gain insight into evidence-based approaches for effective treatment and the continuum of care for working with adolescents; 4) acquire skills to engage adolescents and their families in the treatment process; 5) examine the importance of co-occurring disorders, cultural/gender issues, and the family system in the treatment process; 6) gain insight into the pros and cons of AA/NA in involvement with teenagers.

W-18 Foundation Blocks for Effective Treatment



Patrick Whelan

<u>TARGET AUDIENCE:</u> All Levels (though not intended for those in Mr. Whelan's M/T workshop)

This interactive workshop will serve to create a framework. It will emphasize a spirit, a philosophy, a belief system about counseling from which one will be able to assess and to improve skills. It will present what are considered needed elements for quality treatment. Whether you are a beginner or a seasoned pro, this workshops purpose will be to bring together ideas and practices that are shown to increase the quality of whatever services you provide. You will be able to put into practice what you hear in this workshop.

Participants will: 1) learn how and why treatment frequently needs to be paradoxical; 2) identify two new approaches that will boost treatment effectiveness; 3) practice one new method of confrontation; 4) discuss which core ingredients determine quality.

W-19 Compulsive Gambling Counseling and Treatment



RonSonlyn Clark

TARGET AUDIENCE: All Welcome

Statistics show that problem and compulsive gambling is present in approximately 5% of our population. It is a symptom of an emotional disorder characterized by lack of impulse control. The gambler progresses through the disease much like that of a drug addict. This workshop will examine the sociological and psychological impact of gambling and offer treatment options available.

Participants will: 1) review the historical basis for gambling; 2) differentiate between problem, compulsive and social gambling; 3) identify risk factors in compulsive gambling; 4) review a model of treatment for compulsive gambling.

PIT

P-Prevention

I-Intervention

(Wednesday)

1 day, 5 hour skill-building workshops. Limited space is available.

Please list 1st, 2nd, or 3rd choices.

W-20 Working with Domestic Violence Offenders

IT

Robert E. Thompson

<u>TARGET AUDIENCE:</u> This workshop is intended for those working with populations where both substance abuse and domestic violence are co-occurring.

The material presented will include the dynamics of systematic abuse, power and control issues underlying the abuse, typical patterns for assessment of the issue, reporting responsibilities, and the ties ins between substance abuse and domestic abuse.

The participants should get, through both a didactic and interactive process: 1) the ability to ask and assess the likelihood of abuse; 2) some awareness of their reporting responsibilites; 3) the ability to help clients form safety plans, and some additional understanding of the dynamics and cross influences of substance abuse and domestic abuse.

W-21 Y'uns From Around Here- Si o No?



Al Greene

TARGET AUDIENCE: This workshop is appropriate for both counselors and program directors and administrators

Participants will learn basic principles of effective work with rural populations. Emphasis will be given to rural south, Hispanic, and southern Appalachian culture, including their similarities and differences. The impact of alcohol and drug usage patterns on key social institutions such as family, church and community will be discussed.

Participants will be able to: 1) describe the key social institutions in rural and Hispanic cultures; 2) compare similarities and differences among Hispanic and rural southern cultures; 3) describe the nature and impact of alcohol/drug use/abuse in these cultures; and 4) describe specific techniques for effective work with clients (individuals, families and groups) from these cultures.

W-22 Impact Of Counseling On The Counselor: "Vicarious Trauma"



Michael Johnson

TARGETAUDIENCE: All Welcome

People may enter the substance abuse field intending to do good work. Good intentions alone do not a successful counselor make. This workshop will identify some of the multiple stressors experienced by the substance abuse counselor and their impact on the personal lives of the counselor. This workshop will explore the personal values and beliefs and examine their impact on client resistance, denial and therapeutic outcomes. The workshop will include attention to "Vicarious Trauma" and the role of transference and countertransference in the counseling relationships.

Participants in this workshop will: 1) learn the meaning of "vicarious trauma" and the "peculiar denial" counselors often employ concerning the impact of this occupation on daily life; 2) learn how to identify "burnout" its causes and development; 3) learn the importance of support from supervisors and agencies in the reduction and/or management of its occurrence; 4) discuss the importance of therapy, exercise, proper nutrition and support for counselors.

W-F Workshop

(Wednesday-Friday)

3 day, 13 hour skill-building workshop. Limited space is available.

W-F1 Essentials of Clinical Services Supervision

IT

David Clark

TARGET AUDIENCE: The primary target audience is experienced counselors (minimum 2 years) who are doing clinical supervision now or plan to do so in the future. New counselors who anticipate moving into supervision are welcome to attend as are experienced supervisors who wish to review the basics.

This workshop will focus on the management of clinical services supervision. The goal of the workshop is to educate participants to the basic competencies of certified services supervision with an emphasis on management. The workshop will have three main areas of focus: Managerial Competence, Technical Competence, & Professional Responsibility. Special emphasis will be placed on working with difficult employees. Participants may be asked for current or past clinical supervision issues that can be role-played for teaching purposes. Completion of this workshop is <u>one</u> of the requirements to become a certified Clinical Services Supervisor.

W-F2 The Second Dozen

PIT

Sandy Queen/Bill Hale

<u>TARGET AUDIENCE:</u> Substance abuse and chemical dependency professionals, prevention specialists, social workers, probation and parole officers, community corrections professionals, court referral officers, drug court professionals, juvenile justice professionals, and related human services professionals.

This workshop is designed to enhance the participant's professional and personal growth by reconnecting and revisiting factors which molded them into who they have become. Their triumphs, tragedies, culture, scars and their gifts will be examined. This workshop will use the Lion King Story as a tool for understanding how we help ourselves and others to overcome life's struggles. The participants will be challenged with twelve additional steps toward finding balance and peace in their chosen life and work endeavors.

Participants will: 1) select some additional steps to apply to their life escape; 2) identify their gifts and the barriers which often cause their gifts to go unutilized; 3) gain a better understanding of the concepts of "Horizontal Thinking" as a tool for connecting with others; and 4) recognize how their values and beliefs shape their personality and spirit.

PIT

P-Prevention

I-Intervention

Thursday/Friday (B) Workshops



Charting a course....

....lighting the way

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

B-1 Reclaiming the Futures of Adolescents in Kentucky

Kari Collins/Kristen Schubert/
Robert Schwebel, and a Kentucky Panel

TARGET AUDIENCE: Adolescent treatment providers; supervisors; program directors; other adolescent serving agencies; family/community members; service coordinators/case managers.

This two day workshop will provide you with an overview of the Robert Wood Johnson Foundation's adolescent substance abuse/co-occurring intervention model called Reclaiming Futures. This model is being implemented across ten urban and rural areas of the nation, including south eastern Kentucky. This initiative is supported by the Division of Mental Health and Substance Abuse's "Kentucky Youth First" grant that is addressing statewide infrastructure change in order to improve access and quality of interventions for youth with substance abuse and co-occurring disorders

Participants will be able to: 1) describe the overview of the Robert Wood Johnson Foundation and the Reclaiming Futures Model; 2) discuss the importance of using an evidenced based screening and assessment tool; 3) explore ways to use the Kentucky IMPACT model of service coordination to also serve youth with co-occurring disorders; 4) understand the Washington Circle Standards and how they apply to initiation and engagement of youth in treatment; 5) list at least two evidenced based/promising practice treatment models; and 6) describe a minimum of two ways the community members can become involved as part of a treatment team and/or continuing care models.

Also included in this workshop:

Engaging and Retaining Youth in Treatment. Robert Schwebel. Ph.D.

Within the framework of matching the intervention to the stage of change of youth, workshop participants will learn and practice some skills, including lessons in how to NOT play the game of "Try to make me quit."

Participants will: 1) learn how to use relationship building in ways that engage youth; 2) learn to use ambivalence with youth who may appear to be resistant to change; 3) learn three clinical skills for not engaging in the "mad rush for abstinence"; 4) practice in applying these skills; 5) learn the principles in not playing "Try to make me quit", and counselors will practice applying these skills.

Charlotte McGuire is the Reclaiming Futures-Montgomery County, Ohio project director. It is one of 10 projects funded by The Robert Wood Johnson Foundation to create new approaches to helping youth involved with drugs, alcohol, and crime. We are partnering with the courts, treatment facilities, juvenile justice centers, and community to meet the urgent needs of these young people in our juvenile justice system.

B-2 Self-Inflicted Violence: Complex Problem, Simple Solution

Ruta Mazelis

TARGETAUDIENCE: All Welcome

This workshop will explore the meaning and purpose of selfinjury, a commonly misunderstood aspect of many people's lives. Etiology, diagnostic implications, and treatment strategies will be explored, as well as the special circumstances that arise from working with those who self-injure.

Participants will: 1) gain an understanding of the multiple perspectives on the etiology of self-injury, including addiction, trauma, and bio-psychiatric theories; 2) identify common misperceptions regarding self-injury and will become familiarized with the many meanings and motivations associated with the act of self-inflicted violence 3) become sensitized to individual variances in the function of self-inflicted violence, and gain insight into cultural and environmental influences; 4) identify treatment practices that are either ineffective or harmful to persons living with self-inflicted violence; and 5) become familiar with therapeutic approaches that facilitate healing and identify multiple stressors; and 6) identify multiple stressors arising from clinical work with persons who self-injure.

B-3 Advanced Group for Addiction Counselors



Bob Davis

TARGET AUDIENCE: Two (2) years experience in advanced group.

This workshop is designed to meet the needs for a balanced approach to training group counselors. The theoretical material is concerned with group norms, goals, the issues of process and content, and the stages of group growth.

Didactic material and structured exercises are combined to:
1) help the counselor learn to anticipate important issues that might arise in-group; and 2) promote personal growth and teach exercises that can be used in groups at trainee's work setting.

PIT

P-Prevention

I-Intervention

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

B-4 Intimate Partner Violence: The Substance Abuse Connection



Robert Walker

TARGET AUDIENCE: All Welcome

This workshop will focus on the role of substance abuse as a risk factor for victimization as well as perpetration. The workshop will demonstrate assessment interviewing for substance use and perpetration and will cover treatment selection and intervention approaches based on the current research literature. Case illustrations and brief role-play will be used to demonstrate approaches.

Participants will have knowledge of: 1) assessment interviewing for substance use and perpetration; and 2) treatment selection and intervention approaches.

B-5 Hispanic Culture Awareness



Biby Tinajero

TARGET AUDIENCE: Educators-Health Care Practitioners and Social Services Professionals and Law Enforcement

This workshop is a description and discussion of the history, uniqueness and current trends of the Hispanic Culture.

Participants will learn: 1) to improve service delivery and/or client relationship through better understanding of the Hispanic Culture; and 2) to increase the awareness of the Hispanic Culture for the integration and planning of services.

B-6 Understanding the 12-Steps of Recovery



Mac Bell/Dave Matthews

TARGET AUDIENCE: Any individuals wanting to gain a professional or personal understanding of the 12-Step recovery process. This would include counselors, technicians, and nurses, as well as administrators and anyone else interested in the 12 Steps.

This class will allow people to understand the 12-Steps as they are written and how to use them in the treatment process. This class is somewhat experiential and will allow some open-discussion to enhance the opportunity for learning.

Participants will be able to: 1) gain a basic understanding of the 12-Step Process; 2) learn the value of each step and how to integrate them into the therapeutic process; 3) learn how to motivate clients through the Steps; 4) experience the value of the 12-Steps in our individual lives; and 5) have some fun and maybe enhance our daily lives.

B-7 Implementing Evidence-Based Practices



Ann Perrin

TARGET AUDIENCE: The primary target audience is clinical directors and supervisors. Administrators, experienced treatment professionals and executive directors would also benefit from the workshop.

Change is difficult, but it is particularly difficult when we don't know exactly where we are going, how we will get there, and how we will stay there once we arrive. This workshop will take some of the guess work out of the process of implementing a new practice that has been proven to work. The work of implementation begins before the practice is chosen and does not end until the new practice becomes "old hat." A panel of providers who are implementing evidence-based practices will share their experiences on the second day.

Participants will: 1) learn a definition of evidence-based practice; 2) learn the stages of practice implementation; 3) learn skills, instruments, and publications helpful in change management; 4) discover some of the common facilitators and barriers to implementing a new practice; and 5) discuss experiences in implementing new practices with others who are doing the same thing.



P-Prevention

I-Intervention

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

B-8 Grief, Loss & The Recovery Process

IT

Nancy M. Moeller

TARGET AUDIENCE: Professional counselors working with addicted individuals and/or their families and counselors interested in learning more about the nature of grief.

Fundamental to the journey of recovery is grieving the loss of the relationship with alcohol and/or drugs. The journey is further complicated when a recovering individual experiences a loss due to death. Counselors in the field of addictions and recovery need to familiarize themselves with the process of loss and understand the basic tenets of grief work. As an addicted individual moves into recovery, he/she faces a series of transitional issues. This movement is fraught with the elements of grief. We will examine the nature of this transition, the nature of grief, and what it takes to move from grief work to growth work.

Participants will be able to: 1) identify aspects that are specific to the change model; 2) describe the process of grief; 3) list the four elements of transition; and 4) describe strategies to facilitate movement toward healing. Our goal will be to understand grief and how to deal with it in the therapeutic environment.

B-9 The Brain and Addiction: Time, Synapse, Spirituality and the Whole Enchilada

Allan Barger

TARGET AUDIENCE: All Welcome

New research in the 20th Century moved us away from seeing addiction as a simple moral problem into a psychosocial paradigm. Now research is again moving our view of addiction into the realm of biology and the brain. So what is addiction? This course will examine that question using history, a growing body of research on the neurobiology, neurochemistry and the behavioral outcomes of using addictive drugs. It explores "normal" brain function, what happens in the brain when we use drugs and the biology behind addiction. It inspects the "disease concept" and examines what in the world spirituality has to do with genetics and dopamine reuptake transporters. It aims to cover the whole enchilada and, like eating one, it's messy, but you'll come up full and maybe even have fun.

Participants will: 1) examine the historical definitions of addiction and how they shape our current practice; 2) gain a better understanding of how alcohol and drugs alter the brain via memory, reward, stress, impulse and structural changes; 3) learn how the altered brain changes world views, social interactions and psychological function; 4) explore as a group how these new findings might integrate into the professional practice of prevention, intervention and treatment; and 5) explore the role of spirituality in prevention and recovery. Handouts will include a review of the research with references.

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

B-10 Best Practices in Substance Abuse Treatment: An Overview for Addiction Treatment Professionals

Paul Nagy, LPC, CCAS, CCS

TARGETAUDIENCE: All Welcome

In this time of major systems change, addiction treatment professionals are challenged to treat increasingly complex alcohol and drug use disorders with a greater emphasis on evidence-based outcomes and cost effectiveness. At the same time there has been significant advancement in our understanding of the brain mechanisms associated with craving and compulsive behavior, as well as a fuller appreciation of the clinical implications related to this data. The gap between research and practice has been highlighted by the Institute of Medicine (1998) and there is a growing effort within the field of addictions treatment to better integrate research with practice by implementing science based practices into community based treatment settings. This workshop is designed for addiction treatment providers and will review the issues, challenges and opportunities associated with implementing evidence into practice.

Participants will: 1) identify current issues and challenges associated with providing substance abuse treatment in the community setting; 2) review the chronic illness model of addiction and related implications for designing and implementing service delivery in the community; and 3) describe best practices in substance abuse research and treatment and the implications of maintaining a best practices orientation for addiction professionals.

B-11 Effective Approaches to Gang, Youth Violence and Drug Dealing Part Two: Executing a Successful Plan that is Effective

Eddie L. Woods, Ph.D.

<u>TARGET AUDIENCE</u>: The workshop is suited for professionals in areas related to law enforcement, education, government, the faith community,, athletics, youth/family service providers, drug prevention, intervention and treatment, residential facilities, juvenile justice and parents.

This is a continuation of Part One. Because of the manner in which TV images of gangs, youth violence and drug dealing has influenced our realities of what are real youth issues in our communities, we are finding that the opportunities to do effective prevention work are not available for long. Thus, this workshop component explores strategies for defeating barriers to successful early intervention initiatives. It is designed to foster long-term results.

Participants will: 1) learn to implement outcome oriented plans; 2) learn how to build in evaluation components on the front-end of their plans; 3) learn how to do effective follow-up and aftercare with their most at-risk clients; and 4) learn a four-step evaluation process for evaluating the effectiveness of their community plans.

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

B-12 Recovery Enhancement Therapy: For Offenders and AOD Users

Michael Johnson

TARGET AUDIENCE: All Welcome

Substance abuse service providers and criminal justice professionals are all too familiar with the revolving door syndrome characterized by initial treatment "successes" followed by relapse in Alcohol and Other Drug (AOD) usage, often accompanied by a return to criminal activity. This workshop will focus on development of relapse prevention strategies for AOD using offenders. Beginning with methods and techniques to identify the needs and challenges the newly recovering offender will face, this presentation will teach the counselor/provider to lean towards clients strengths and what they "can do" in the recovery process.

Participants will: 1) learn successful techniques for identifying and assessing the individual needs and challenges unique to each recovering offender; 2) understand how specific goals and strategies can be developed to address the inherent risks and pitfalls they will experience; 3) identify and explore methods for teaching the client pro-social skills; 4) learn how to facilitate the clients efforts to build a support network through development of positive interpersonal relationships; and 5) motivate the client to "thrive" within their recovery process.

B-13 Dialectical Behavior Therapy

IT

Martha Wetter, Ph.D./Jaye Neal

<u>TARGET AUDIENCE:</u> Psychologists, social workers, professional counselors, art therapists, and other mental health professionals working with borderline personality disordered clients.

This workshop will present the structured program developed by Marsha Linehan to treat borderline personality disorder. The theory underlying this approach , as well as treatment targets and strategies and skills taught to clients will be covered. The challenges of establishing a Dialectical Behavior Therapy Program will be discussed.

Participants will understand: 1) the biosocial theory underlying development of DBT; 2) the major therapeutic goals and the hierarchy of treatment targets in DBT; 3) the uses of a dialectical approach; 4) the role of skills training for clients; 5) the importance of balancing acceptance and change strategies; and 6) the most effective techniques when substance abuse is a significant problem.

B-14 Ethical Fitness in Prevention



Linda Verst/Pam Lawrenz

<u>TARGET AUDIENCE:</u> Those seeking 6 hours of prevention ethics for prevention certification requirements. Other helping professionals may also attend.

This workshop is designed to give persons seeking prevention certification the six hours of prevention ethics they need as a part of their portfolio. Other helping professionals interested in ethics may also attend and enjoy the dynamic, interactive atmosphere designed for adult learners. Exploring ethics in prevention focuses on ethical principles, and puts into practice a simple decision making tool that can be applied to most ethical dilemmas.

Participants will be able to: 1) identify and define six ethical principles commonly held by helping professions including prevention; 2) resolve ethical dilemmas using a six-step ethical decision making model; 3) set professional goals with ethical principals in mind; and 4) work together as teams of adult learners in practicing ethical decision making through the use of case studies taken from their fields of practice.

PIT

P-Prevention

I-Intervention

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

B-15 A Practical Approach to Therapy with the Chemically Dependent Person

IT

Al Greene

<u>TARGET AUDIENCE</u>: This workshop is appropriate for anyone providing clinical services to addicted clients.

This course will provide discussions of interventions on four different levels for each recovery stage. Particular emphasis will be given to grief work and the two ways and times effective grieving are critical to quality sobriety. Unique challenges and demands of work with addicted clients, such as relapse, transference and family dynamics will also be discussed. Participants will leave with a framework for conceptualizing the tasks of recovery and with specific techniques for helping clients accomplish them.

Participants will learn: 1) practical, step-by-step interventions with chemically dependent clients from intake and assessment through early, middle and late recovery.

B-16 Ethics for Counselors



Carmella P. Yates, Ph.D./Jennifer Stamper

<u>TARGET AUDIENCE</u>: Substance abuse counselors, supervisors, and administrators.

Ethical dilemmas are inherent in many situations in mental health and substance abuse treatment. This workshop will assist counselors in recognizing ethical dilemmas, which arise in the treatment process and identifying the most appropriate resolution of these dilemmas. An exploration of some potentially unethical situations will be accomplished through case reviews. Participants are encouraged to bring examples from professional experience to add to the discussion of topics such as dual relationships, confidentiality, and competence.

By participating in this workshop counselors will: 1) review ethical standards; 2) identify common ethical errors mad by substance abuse counselors; and 3) enhance their ability to implement ethical decision making.

B-17 "What Do You Mean I Have Issues????"



Michael McLemore

<u>Target Audience</u>: Substance abuse and chemical dependency professionals, prevention specialists, social workers, probation and parole officers, community corrections professionals, court referral officers, drug court professionals, juvenile justice professionals, and related human services professionals.

Are you ready to improve your cultural competency and awareness of cultural beliefs? If so, this is the workshop for you. Through an interactive process, participants will have an opportunity to gain tangible skills that can be utilized in becoming culturally competent. There are many issues providers have to deal with, including identifying personal issues that may be a barrier to service delivery. This workshop will discuss cultural beliefs as well as innovative approaches for skill building in dealing with diverse clients.

Participants will: 1) identify cultural characteristics of the populations served by the community; 2) assess cultural beliefs that impact a population's world view; 3) explore innovative approaches for culturally competent service deliver; 4) appreciate how their self-identified culture influences their approach to client services; and 5) understand the need for continued self-evolution and self-critique as it relates to caring for culturally, racially, ethnically diverse clients and their families.

B-18 Brief Therapy With Substance Abuse Clients



Kevin Pangburn

TARGET AUDIENCE: Seasoned counselors or those new to the field may benefit from this training. Brief therapy works well with adolescents and adults.

Many clients suffering from the disease of addiction arrive in treatment in a confused and some times hopeless state. Clients also have strengths and resources within themselves and their social system to assist in the recovery process.

Participants will be able to: 1) separate strengths from deficits; 2) understand the basics of solution focused therapy as it applies to addiction; and 3) develop a language and attitude focusing on solutions.



P-Prevention

I-Intervention

(Thursday-Friday)

2 day, 8 hour skill-building workshops. Limited space is available. Please list 1st, 2nd, or 3rd choices.

B-19 I Gave at the Office: Overcoming Compassion Fatigue

PIT

David Powell

TARGET AUDIENCE: All Welcome

Being a caregiver is a stressful job, with pressures to do more with less, to advance professionally without much funding for training. Caregivers can feel overworked and underpaid. Compassion fatigue is a leading cause of burnout in the health care industry. costing millions of dollars in sick time, disability and staff turnover annually. Compassion fatigue results from the stress of wanting to help others, caring too deeply, becoming emotionally vulnerable to clients. Symptoms of compassion fatigue are physical, mental, spiritual exhaustion, loss of resiliency, blaming others for pain, and decreased productivity. Caregivers, counselors and supervisors need to care for each other by being aware of and addressing compassion fatigue when it occurs. This workshop offers concrete steps to take to address these issues. It provides skills in identifying the problems and ways to motivate staff. The course also provides a new vision for how to look at work and its role in our lives.

Participants will gain information on: 1) the symptoms of compassion fatigue; 2) the steps to take to address these issues; 3) skills in identifying the problems; and 4) the ways to motivate staff.

B-20 What is Integrated Dual Disorder Treatment?



Jean Marlatt Henry

<u>TARGET AUDIENCE</u>: This workshop is for anyone providing direct treatment with individuals who have co-occurring mental illness and substance use disorders. This is an introduction to integrated treatment.

This workshop will explore treating mental illness and substance use disorders together. Mental illness is common in people with substance use disorders. Separate or sequential treatment is not effective. Mental illness and substance use disorders occurred together in one person and therefore Integrated Dual Disorder Treatment (IDDT) will lead to better recovery outcomes and reduce relapse of both illnesses.

Participants will learn: 1) the parallels between mental illness and substance use disorders; 2) the types of cooccurring disorders/the Four Quadrants; 3) the prevalence of co-occurring mental illness and substance use
disorders; 4) how mental illness and substance abuse affect each other; 5) the basic components of integrated
treatment; 6) substance abuse counseling for the person
with co-occurring mental illness and substance use disorders; 7) stage wise recovery; 8) refusal skills and other
skills training; 9) introduction to Motivational Interviewing and some basic motivational counseling skills; and
10) the 12-step recovery for person with co-occurring
mental illness and substance use disorders.

PIT

P-Prevention

I-Intervention

ALLAN BARGER, MSW, CPP, M, DIV

Prevention Research Institute, Corporate Dr., Suite 300 Lexington, KY 40503 (859) 223-3392

JAN ARNON

1622 Cowling Avenue Louisville, KY 40205 (502) 553-2698

JIM BAUM, MS, MPA, CADC

Bluegrass Narcotic Addictions Program 201 Mechanic Street Lexington, KY 40507 (859) 233-0444

FRAN BELVIN, MA ATR-BC, CPAT

Division of Mental Health & Substance Abuse 100 Fair Oaks Lane, 4W-D Frankfort, KY 40621 (502) 564-4456

MAC BELL

Division of Mental Health & Substance Abuse 100 Fair Oaks Drive 4E-D Frankfort, KY 40621 (502) 564-4456

MICHELYN BHANDARI, M.H.P., C.P.P.

EKU 420 Begley 521 Lancaster Avenue Richmond, KY 40475 (859) 622-1145

MICHAEL BOSSE

Lexington Division of Police 150 East Main Street Lexington, KY 40507 (859) 258-3625

BURNS M. BRADY, MD

Kentucky Physicians Health Foundation 9000 Wessex Place, Suite 305 Louisville, KY 40222 (502) 425-7761

RODNEY BRANNON, MSSW

The Healing Place 1020 W. Market Street Louisville, KY 40202 (502) 585-4848

Dr. PAT BROCKMAN

763 McMakin Avenue Cincinnati, OH 45232 (513) 541-4559

SUZANNE CARRIER

Division of Mental Health & Substance Abuse 100 Fair Oaks Lane 4E-D Frankfort, KY 40621 (502) 564-4456

DAVID CLARK

Center for Drug & Alcohol Research University of Kentucky 643 Maxwelton Court Lexington, KY 40506-0350 (859) 257-6124

RONSONLYN S. CLARK, Psy.D, NCC, CADC, CCGC

Director of Substance Abuse Services River Valley Behavioral Health 1100 Walnut Street Owensboro, KY 42301 (270) 689-6548

KARI COLLINS, LCSW

Kentucky Youth First Division of Mental Health & Substance Abuse 100 Fair Oaks Lane, 4E-D Frankfort, KY 40621 (502) 564-4456 ext. 4459

RAYMOND P. DAUGHERTY, President

Prevention Research Institute 841 Corporate Drive, Suite #300 Lexington, KY 40503 (859) 223-3392 or 1-800-922-9489

JAY DAVIDSON, MSSW, LCSW, CADC, MAC

The Healing Place 1020 West Market Street Louisville, KY 40202 (502) 584-7844

BOB DAVIS

1507 Quail Run Auburn, GA 30011 (770) 307-7887

CARLO C. DICLEMENTE, Ph.D., ABPP

Professor & Chair UMBC Psychology 1000 Hilltop Circle Baltimore, MD 21250 (410) 455-2415

JEFF GEORGI

Duke University Duke University Medical Center Box 3419 Durham, NC 27710 (919) 668-6451

AL GREENE, CCS, LCAS

829 Shoreland Road Winston-Salem, NC 27106 (336) 725-1177

EDWIN HACKNEY, LCSW, CADC

PO Box 812 Lexington, KY 40588 (859) 806-7770

WILLIAM H. HALE, JR.

Prism Associates 2351 College Station Rd. Athens, Georgia 30605 (706) 546-5697

DEAN HAMILTON

Police Awareness Training 114 W. Lincoln St. Karnack, Illinois 62956 (618) 634-2434

CLYDE HARPER

The Healing Place 1020 W. Market Street Louisville, KY 40202 (502) 585-4848

KARYN HASCAL, CADC

Deputy Director Office of Drug Control Policy 125 Holmes Street Frankfort, KY 40601 (502) 564-9564

GWEN HOLDER, S.A.P.

Kentucky Correctional Institute for Women P.O. Box 337 PeWee Valley, KY 40065 (502) 241-8454

DONNA JOHNSON, CAS, ICADC, ICCJP, LADC

Addiction Solutions of Georgia Inc. 475 S. Main St. Suite 110 Cartersville, Georgia 30121 (770) 714-7605

MICHAEL JOHNSON

25125 Biarritz Circle, #B Oak Park, MI 48237 (313) 964-2030

JEANNE KEEN, RN, CADC, MS

Family Violence Project 462. E. High Street Lexington, KY 40507 (859) 873-4969

CINDY KOETZLE

NorthKey Community Care 503 Farrell Drive Covington, KY 41011 (859) 578-2763

PAM LAWRENZ

104 Nancy Drive Richmond, KY 40475 (859) 624-1030

JEAN MARLATT HENRY, LCSW

Division of Mental Health & Substance Abuse 100 Fair Oaks Lane, 4E-D Frankfort, KY 40621 (502) 564-4456

DAVID W. MATTHEWS, BS, CADC

Program Director, New Horizons Transitional Living 320 Clay Street Owensboro, KY 42303 (270) 685-4499

RUTA MAZELIS

Sidran Institute 200 East Joppa Road, Suite 207 Baltimore, MD 21286-3107 (410) 825-8888

CHARLOTTE D. McGUIRE

Montgomery County Juvenile Court 303 W. Second Street Dayton, OH 45422 (937).496.6884

MIKE McLEMORE

McLemore Consulting PO Box 82 Eva, AL 35621 (256) 796-4490

PATRICK McKIERNAN, Ph.D., CADC

Homeless Veterans Outreach Kentucky Dept. of Veterans Affairs 1111 B. Louisville Road Frankfort, KY 40601 (502) 564-9203

NANCY MOELLER, LSW, CADC

Conley Outreach Community Services P.O. Box 931 Elburn, IL 60119 (630) 926-0922

BRIAN MOORE, Ph.D.

Volunteers of America Outreach & Motivational Counseling Program 1436 S. Shelby St. Louisville, KY 40217 (502) 635-5381

THERESA MOYERS, Ph.D.

University of New Mexico CASAA 2650 Yale Blvd. SE Albuquerque, NM 87106 (505) 925-2375

LAURA NAGLE

Madison County Community Partnership 401 Gibson Lane. Richmond, KY 40475 (859) 624-3622

PAUL NAGY, MS, CCAS, CCS

Duke University
Duke University Medical Center
Box 3419
Durham, NC 27710
(919) 668-3623

JAYE NEAL

Jaye L. Neal Counseling & Therapy, PLLC 1910 Garden Springs Drive Lexington, KY 40504 (859) 276-0700

MICHAEL NERNEY

Michael Nerney and Associates P.O Box 93 Long Lake, N Y 12847-0093 (518) 624-5351

MERRILL A. NORTON, R.Ph, NCACII, CCS

Damascus Road Recovery, Inc. P.O. Box 5460 Athens, GA 30604 (706) 614-0093

TIMOTHY J. O'FARRELL, Ph.D., ABPP

Professor of Psychology Chief, Families and Addiction Program Harvard Medical School Dept. of Psychiatry at the VA Boston Healthcare System VAMC - 116BV, 940 Belmont Street Brockton, MA 02301, USA (508) 583-4500

KEVIN PANGBURN

Director of Mental Health & Substance Abuse KY Department on Corrections 275 E. Main St. P.O. Box 2400 Frankfort, KY 40602 (502) 564-2220

PATRICIA PATTERSON

Institute for Health and Recovery 349 Broadway Cambridge, Massachusetts 02139 (617) 661-3991

ERIN PAUL

Northkey RPC 8142 Mall Rd. Florence, KY 41042 (859) 283-0952

ANN PERRIN, MSW, CADC, LISW

The Health Foundation of Greater Cincinnati 3805 Edward Road, Suite 500 Cincinnati, OH 45209 (513) 458-6614

LEIGH POPE, M.A., C.P.P.

Cumberland River Regional Prevention Center 223 S. Cherry St. Pineville, KY 40977 (606) 337-2070

ALFRED "COACH" POWELL

Human Motivation Council P.O. Box 438910 Dayton, OH 45427 (773) 621-7308

DAVID J. POWELL, Ph.D.

International Center for Health Concerns, Inc. P.O. Box 831
East Granby, CT 06026

SANDY QUEEN

P.O. Box 2668 Columbia, Maryland 21045 (410) 992-7665 1141 Red Mile Rd. Suite 101B Lexington, KY 40504 (859) 257-6441

STEPHANIE HAYNES RATLIFF, MSW, CSW

University of Kentucky Institute on Women & Substance Abuse 1141 Red Mile Rd., Suite 101B Lexington, KY 40513 (859) 257-6441

PATRICK J. SAMMON, Ph.D.

2021 Bamboo Court Lexington, KY 40513 (859) 223-8108

ROBERT SCHWEBEL, Ph.D.

431 S. Brighton Lane Tucson, AZ 85711 (520) 748-2122

ERIC SCHMALL

Center for Non Profit Excellence 3640 Dutchmans Lane Louisville, KY 40205 (502) 315-2673

KRISTEN SCHUBERT

Robert Wood Johnson Foundation Program Officer, Reclaiming Futures Rt. 1 & College Road East P.O. Box 2316 Princeton, NJ 08543-2316 (609) 627-7563

KATHY SEIFRIED

Alabama Department of Mental Health & Mental Retardation RSA Union Building P.O. Box 301410 Montgomery, AL 36130-1410 (334) 242-3967

JENNIFER STAMPER

Chrysalis House, Inc. 120 Chrysalis Court Lexington, KY 40508 (859) 243-0972

ROBERT STRAUS, Ph.D.

University of KY-Retired 656 Raintree Road Lexington, KY 40502-2874 (606) 323-5350

DAVID LANE STONECYPHER, JSOCC

The Kentucky United Methodist Homes for Children and Youth P.O. Box 749 Versailles, KY 40383 (859) 873-4481

ROLLY SULLIVAN, MD

West Virginia University C/O Chestnut Ridge Hospital 930 Chestnut Ridge Rd. Morgantown, WV 26505 (304) 293-2411

ROBERT E. THOMPSON, LCSW

3044 Breckinridge Lane Louisville, KY 40220 (502) 493-8002

BIBY TINAJERO

Division of Youth Services 115 Cisco Rd. Lexington, KY 40503 (859) 253-1581

TODD TRUMBORE, MA, CADC

Pathways, Inc. 1212 Bath Avenue, 8th Floor P.O. Box 790 Ashland, KY 41105 (606) 329-8588

MICHAEL VANCE, MBA, CADC, CPP

Buckhorn Children & Family Services 116 Buckhorn Lane Buckhorn, KY 41721 (606) 226-2075

LINDA L. VERST, BA, CPP

720 Red Bud Drive Taylor Mill, KY 41015 (859) 292-0610

ROBERT WALKER, MSW, LCSW

Center on Drug and Alcohol Research, University of KY 915 South Limestone Street Lexington, KY 40536-9824 (859) 257-6623

MARTHA WETTER, Ph.D.

Commonwealth Therapy Group 1910 Garden Springs Drive, Suite 160 Lexington, KY 40504 (859) 276-0700

PATRICK WHELAN, NCACII

Private Practice 3127 Yorkshire Drive Bardstown, KY 40004 (502) 460-0696

JOY WHITE, M.A., C.P.P.

Cumberland River Regional Prevention Center 223 S. Cherry St. Pineville, KY 40977 (606) 337-2070

DONNA WIESENHAHN

Bluegrass RPC P.O Box 13670 Lexington, KY 40583 (859) 225-3296

COSCO E. WILLIAMS, LMSW. CACII, CCS

Veteran Administration Atlanta VAMC 1670 Clairmont Rd. Decatur, GA 30033 (404) 321-6111

GEOFF WILSON

The Ridge Behavioral Health System 3050 RioDosa Drive Lexington, KY 40509 (859) 269-2325

EDDIE L. WOODS, JR., Ph.D.

Life Institute, Inc. P.O. Box 34142 Louisville, KY 40232 (502) 412-0350

JOSHUA WOLK

Cincinnati, OH

CARMELLA YATES, Ph.D.

Chrysalis House, Inc. 1589 Hill Rise Drive Lexington, KY 40504 (859) 977-2507

Robert Straus Award Nominee Form

33rd Kentucky School of Alcohol and Other Drug Studies

In recognition of Dr. Robert Straus for his career-long commitment to the study of alcoholism, his tenure with the Alcohol and Drug Task Force and his leadership in the substance abuse field in Kentucky, the Kentucky School of Alcohol and Other Drug Studies will present awards for outstanding contribution to substance abuse practice in Kentucky. Nominations will be accepted in the areas of: 1) Prevention; 2) Treatment; 3) Advocacy/Volunteer; and 4) Community Organization/ Business.

Nominations may be made by completing this form. Nomination form(s) must be received in the Division of Substance Abuse no later than **June 13, 2006**. Awards will be presented at the Tuesday night Banquet on July 25, 2006.

Name of Nominee					
Employer Address			City	State	Zip
Agency/Employer			Work Phone	Home Phone	
Home Address			City	State	Zip
Category of Nomination:	1) Prevention _	2) Treatment _	3) Advocacy/Volunteer		
	4) Community O	organization/Busin	ess		

1. Professional training and/or other qualifications for the nominee:

Continue on back

2.	A brief narrative of the person's history of practice:
3.	A brief description of the nominee's primary accomplishments:
Nomin	nated by:Phone:
	Please mail by June 13, 2006 to: KSAODS Division of Substance Abuse Eastern Kentucky University Perkins 202 521 Lancaster Avenue Richmond, Kentucky 40475

Attention: Justina Keathley

Scholarship Information Form Scholarship Application Deadline June 13, 2006

This form must be filled out if applying for a Scholarship and sent with the Registration/Scholarship Form. Please note that scholarships are for Kentucky residents only. (Please attach additional page(s) if needed.)

Those receiving scholarships in past years are not eligible.

1.	Name	E-mail
	Agency	Phone #
2.	Have you received a Scholarship before? Yes No	
	If so, when?	
3.	What is your experience and background?	
4.	How will your attendance at the Kentucky School of Alcohol and Other Drug S	Studies benefit your community?
	Then will your allohad to the frontably content in the content and	naulos ponont your community.
5.	Why do you need financial assistance to attend to Kentucky School?	
		·

Agenda & Registration Options

8:45 - 10:00 a.m. Daily 10:00 - 10:30 a.m. 10:30 a.m. - 5:00 p.m. Daily 12:15 - 1:30 p.m. PLENARY SESSION BREAK WORKSHOPS LUNCH BREAK See topics and speakers on pages 10-12

See topics and speakers on pages 17-46

Workshop Registration Options

GENERAL WORKSHOPS

Attendance at school may be from 1 to 5 days, any combination of classes. Fees are \$375 for the week or \$75 per day

Category	Workshop Description	Days & Hours	Credit Hours*
4-Day Comprehensive Workshops	One subject; 18 hours required class time see available C subjects on page 13	Mon. 5 hrs., Tues. 5 hrs., Thurs. 5 hrs., & Fri. 3 hrs. Free choice on Wednesday	18
Two-Day Workshop Monday & Tuesday	10 hrs req. class time on one subject see available A subjects on pages 15-21	Monday 5 hours Tuesday 5 hours	10
One-Day Workshop Wednesday	5 hrs req. class time on one subject see available W subjects on pages 23-30	Wednesday 5 hours	5
1 1/2-Day Workshop Thursday & Friday	8 hrs req. class time on one subject see available B subjects on pages 33-41	Thursday 5 hours Friday 3 hours	8
3-Day Workshop <i>Wednesday,Thursday</i> & <i>Friday</i>	13 hrs req. class time on subject see available W-F subject on page 31	Wednesday 5 hours Thursday 5 hours Friday 3 hours	13

^{* &}lt;u>PLEASE NOTE</u>: No partial credit will be given. Participants must attend entire workshop and sign <u>ALL</u> roster/sign-in sheets to receive any credit hours.

2006 Kentucky School of Alcohol and Other Drug Studies Registration Form

Please <u>TYPE</u> or <u>PRINT</u> Submit application to Eastern Kentucky U	o: Justina Keatl	nley, Division of M	lental Healtl	ո & Substance Abւ	
(Please check one)	Regular R (Early Dea	egistration dline July 7th, 2006)		olarship Request ase include Scholarshi adline June 13, 2006)	ip Information Form)
Please list the address	where you wish to	have information se	ent.	,	
Name:					
Address:				Home Phone #:	
City:		State:		Z	Zip:
Agency:					
Work Phone:		E-mail Addre	ess:		
I have specia listed above.	needs for learning a	ids and/or facility acce	essibility informa	tion. Please contact me	e at the phone number
		COURSE SEI	LECTION		
	nday, Tuesday) & (\	Vednesday) or (Wed	umber & Letter 3rd choice bys (Monday, 7 Inesday) & (TI (C-2). Please	Juesday) or (Thursday, nursday, Friday) or (W	/-F selection)
		Monday, Tuesday			
	A - Workshops (OR Monday & Tuesda	av)		
		t 2nd		3rd	
	W - Workshops	(Wednesday)			
	5 hours 1s	t 2nd		3rd	
		s (Wednesday-Fr t 2			
	B - Workshops (8 hours 1s	Thursday & Frida t2nd	ny)	3rd	

2006 Kentucky School of Alcohol and Other Drug Studies Registration Form Continued

NURSES ONLY: Please Fill	Out the following information I	License#	. RN LPN
	ations at meal functions, reservacket. Please check if you plan	vations are necessary. Tickets for those months to participate.	eal functions checked
Tuesday Banquet (\$15)	yes no		
CADC Luncheon (\$13)	yes no		
Wednesday Barbecue(Free)	yes no (Limite	ed to 350 people due to space)	
	PAYMENT I	INFORMATION	
\$375.00	O All Week (\$400.00 after July	4th); \$75.00 Daily (\$90.00 after July 4th)
METHOD C	OF PAYMENT	FEES ENCLOS	SED
Personal Check E	inclosed (Payable to KSAODS)	Registration Fee	\$
· ·	closed (Payable to KSAODS)	Housing	\$
Bill Agency Contact Person:		_	
Phone #		-	
Address		_ CADC Luncheon (\$13)	\$
	rting agency must accompany		
registration for prompted registration for prompted registration.		Total Remittance	\$
ar sy ar r region and			
clock, and phone, etc Checcome, first-serve basis.	ck-in time is 1:00 p.m. Check-o	izing on-campus housing must bring his/he out time is 3:00 p.m. On-campus housing i	s handled on a first-
hallway with secure access. erator), unfurnished commor	Each apartment in University area and furnished bedrooms	e hall incorporating some apartment amer Suites has two bathrooms, a kitchenette (There are two and four-bedroom apartme responsible for a lost key fee of \$5.00.	sink and small refrig-
	els and 1 washcloth. <mark>Íf you ne</mark> e	by the college. A linen package is available ed additional linens please bring your o	
There will be no private roo	oms or rooms for partial wee	k. All housing requests should be for the fu	ull week.
() \$150 per person/4-p	person/per week (Sunday Chec	ck-in) () \$200 per person/2-person/per w	eek (Sunday Check-in)
() \$120 per person/4-p	person/per week (Monday Ched	ck-in) ()\$170 per person/2-person/per w	eek (Monday Check-in)
Roommate(s):	(if you have no prefe		
· /	(if you have no prefe	erence one will be assigned)	

Kentucky School of Alcohol and Other Drug Studies Kentucky Certification Board of Prevention Professionals

Scholarship Application

Deadline: June 14, 2006

Tł	his form must be completed and returned by June 14 to: Peggie Chandler KCBPP P.O. Box 326 Shelbyville, KY 40066-0326
	ne scholarship is for tuition for the prevention track only. Applicants must work in Kentucky. Recipients are expected attend the entire week. No partial scholarships will be awarded. (Attach additional pages if necessary.)
1.	Name Title Place of Employment
2.	Have you received a scholarship before? Yes No If so, when
3.	What is your experience and background?
4.	How will your attendance at the school benefit your community?
5.	Why do you need financial assistance to attend the Kentucky School?

Department for Mental Health and Mental Retardation Services
Eastern Kentucky University
202 Perkins Bldg.
521 Lancaster Avenue
Perkins 202
Richmond, KY 40475